

Our Moment

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 0 级数: Phrased Intermediate
编舞者: Salfoo (MY) - June 2013
音乐: All About Us (feat. Owl City) - He Is We



Start: 16 counts from start of track

Phrasing: A B B - A B - B A - A - A - A - B B - (B - & A - , both are 16 counts)

Part A - 32 counts

[01-08] FORWARD ROCK, RECOVER, BACK ROCK, RECOVER, SIDE ROCK, RECOVER, BACK, POINT

1-2 3-4 Rock LF Forward, Recover Onto RF, Rock LF Backward, Recover Onto RF

5-6 7-8 Rock LF To Left, Recover Onto RF, Step LF Behind RF, Point RF To Right

[09-16] BACK, RECOVER, SWEEP 1/4 L FORWARD, STEP DOWN, FORWARD, 1/2 R FORWARD ROCK, RECOVER

1-2 3-4 Step RF Backward, Recover Onto LF, Turn 1/4 Turn Left Sweep RF Forward & Step Down

5-6 7-8 Step LF Forward, Turn 1/2 Turn Right Step RF Forward, Rock LF Forward, Recover Onto RF

[17-24] BACK, RECOVER, BACK, SIDE, CROSS ROCK, RECOVER, SIDE, TOUCH

1-2 3-4 Step LF Backward, Rock RF Forward, Rock LF Backward, Step RF To Right

5-6 7-8 Cross LF Over RF, Recover Onto RF, Step LF To Left, Touch RF Close To LF

[25-32] BACK, RECOVER, BACK, SIDE, CROSS ROCK, RECOVER, SIDE, TOUCH

1-2 3-4 Step RF Backward, Rock LF Forward, Rock RF Backward, Step LF To Left

5-6 7-8 Cross RF Over LF, Recover Onto LF, Step RF To Right, Touch LF Close To RF

Part B - 32 counts

[01-08] SIDE ROCK, RECOVER, TOGETHER, SIDE ROCK, BACK ROCK, RECOVER, 1/2 L, TOUCH

1-2 & 3-4 Rock LF To Left, Recover Onto RF, Step LF Close To RF, Rock RF To Right, Recover

5-6 7-8 Rock RF Backward, Recover Onto LF, Turn 1/2 Turn Left Touch RF In Front Of LF

[09-16] FORWARD SHUFFLE, 1/4 R SIDE ROCK, RECOVER, BACK ROCK, POINT, FORWARD ROCK, POINT

1&2 3-4 Step RF Fwd, LF Close To RF, Step RF Fwd, Turn 1/4 Right Step LF To Left, Recover To RF

5-6 7-8 Step LF Forward, Point RF To Right, Step RF Backward, Point LF To Left

[17-24] BACK ROCK, RECOVER, TOGETHER, SIDE ROCK, FORWARD, 1/2 L (WEIGHT ON RF), WALK WALK

1-2 & 3-4 Rock LF Backward, Recover Onto RF, Step LF Close To RF, Rock RF To Right, Recover

5-6 7-8 Step RF Forward, Turn 1/2 Turn Left (Weight On RF), Step LF Forward, Step RF Forward

[25-32] CROSS ROCK, RECOVER, SIDE, SIDE ROCK, RECOVER, WEAVE LEFT

1-2 & 3-4 Cross LF Over RF, Recover Onto LF, Step LF To Left (&) Rock RF To Right, Recover Onto LF

5-6 7&8 Cross RF Over LF, Step LF To Left, Cross RF Behind LF, Step LF To Left (&), Cross RF Over LF

Ending: After the last B-, step LF forward, make a 1/2 turn L...Facing Front

Dedicated To My Wonderful Hubby...Mark

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