Just A Breakup

拍数: 76

级数: Phrased Intermediate

编舞者: Connie Soto - June 2013

音乐: Mama's Broken Heart - Miranda Lambert

Begin after 16 counts - Seq: AABAABABA

PART A (32 counts)

CRUISIN' TURN TO RIGHT ENDING WITH TWO STOMPS WITH LEFT FOOT

- 1-2 Step right to side, cross left behind right
- 3-4 Turn ¼ right and step right forward, step left forward
- 5 Turn ½ right (weight to right)
- 6-7 Turn ¼ right and step left to side
- &8 Step right behind and stomp left heel twice (12:00)

CRUISIN' TURN TO LEFT ENDING WITH TWO STOMPS WITH RIGHT FOOT

- 9-10 Step left to side, cross right behind left
- 11-12 Turn ¼ left and step left forward, step right forward
- 13 Turn ½ left(weight to left)
- 14-15 Turn ¼ left and step right to side
- &16 Step left behind right and stomp right heel twice (12:00)

STEP TOUCHES FORWARD ON A DIAGONAL

- 17-18 Step forward right on a right diagonal. Touch left beside right
- 19-20 Step touch forward left on left diagonal, touch right
- 21-22 Step back right on right diagonal, touch left
- 23-24 Step back left on left diagonal, touch right (12:00)

STEP FORWARD, PIVOT LEFT, ½ TURN WITH SHUFFLE, ROCK, RECOVER, SHUFFLE FORWARD

- 25-26 Step forward with right, left pivot ½ turn
- 27&28 Turn another 1/2 to left with shuffle R-L-R
- 29-30 Rock back left, recover right
- 31&32 Shuffle forward L-R-L ending with a left stomp (12:00)

REPEAT PART A

PART B (44 counts)

SHUFFLE FORWARD RIGHT AND LEFT, ROCK, RECOVER

- 1&2 Shuffle forward R-L-R
- 3&4 Shuffle forward L-R-L
- 5-6 Rock forward right, recover left
- 7&8 Shuffle back on right (12:00)

SHUFFLE FORWARD LEFT, TWO PADDLE TURNS TO LEFT

- 9-10 Rock back left, recover right
- 11&12 Shuffle forward on left,
- 13-14Step forward right, turn ¼ turn left
- 15-16 Step forward right, turn 1/4 turn left (6:00)

SHUFFLE FORWARD RIGHT AND LEFT, ROCK, RECOVER

- 17&18 Shuffle forward R-L-R
- 19&20 Shuffle forward L-R-L
- 21-22 Rock forward right, recover left





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23&24 Shuffle back on right (6:00)

ROCK, RECOVER, SHUFFLE FORWARD LEFT, TWO PADDLE TURNS TO LEFT

- 25-26 Rock back left, recover right
- 27&28 Shuffle forward L-R-L
- 29-30 Step forward right, turn ¼ turn left
- 31-32 Step forward right, turn ¼ turn left (12:00)

JAZZ BOX, TWO KICK-BALL CHANGES

- 33-34 Cross over right, step back left
- 35-36 Step right to side, bring weight to left
- 37&38 Right kick-ball change
- 39&40Right kick-ball change (12:00)

FOUR HORSE GALLOPS ENDING WITH A TOUCH

- 41& Step right diagonally to right with small steps, slide left beside right
- 42& Step right diagonally to right with small steps, slide left beside right
- 43& Step right diagonally to right with small steps, slide left beside right
- 44 Touch right facing front (12:00)

PART A

REPEAT PART A

PART B

PART A THROUGH DIAGONAL TOUCHES Dance Part A steps 1-24 restart at B

Part B once through

PART A Through end of song End: Song will end when you have completed first cruisin' turn with left over right (12:00)

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