

Where We Belong

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Intermediate / Advanced
编舞者: Rachael McEnaney (USA) & Simon Ward (AUS) - May 2013
音乐: Up Where We Belong - Joe Cocker & Jennifer Warnes : (iTunes - 3:52)



Count In: 16 counts from start of track (dance begins on vocals). Approx 70 bpm

Notes: 3x restarts see notes below, 2nd, 3rd & 5th walls (ARGH we hear you say, obvious in the music though)

[1 - 8] ½ turn R with sweep, R weave behind with L hitch, L coaster with R hitch with ¼ turn L, weave, weave ¼ L

- 1 2 & 3 Make ½ turn right stepping back on left foot as you sweep right (1), cross right behind left (2), step left to left side (&), cross right over left angling body to 4.30 as you hitch left knee (1/8 turn left) (3) 4.30
- 4 & 5 Step back on left (4), step right next to left (&), step forward on left as you hitch right knee and make 1/8 turn left to face side wall (5) 3.00
- 6 & 7 Cross right over left (6), step left to left side (&), step right behind left as you sweep left foot (begin to make ¼ turn left) (7) 3.00
- 8 & Making ¼ turn left cross left behind right (8), step right to right side (&) 12.00

RESTART RESTART happens here after the & count on walls 2 and 5 both times you will start the dance & do the restart facing the back 6.00

[9 – 16] Cross L, R cross rock with sweep, R behind, ¼ turn L, fwd R, fwd L, fwd R, ¼ L, cross R, ¼ turns R

- 1 2 3 Cross left over right as you sweep right (1), cross rock right over left (2), recover weight to left as you sweep right (3) 12.00
- 4 & 5 Cross right behind left (4), make ¼ turn left stepping forward left (&), step forward right (5) 9.00
- 6 7 & 8 & Step forward left (6), step forward right (7), pivot ¼ turn left (&), cross right over left (8), make ¼ turn right stepping back on left (&) 9.00

[17 – 24] ¼ turn R into R basic, L basic, sway R-L, ¼ turn R with L sweep, L cross, R side,

- 1 2 & Make ¼ turn right taking big step to right side (1), rock back on left (2), recover weight right (&) 12.00
- 3 4 & Take big step to left side (3), rock back on right (4), recover weight left (&)

Technique note: On these 2 basics counts 1-4& instead of a rock back think of it as the foot closing slightly behind, then instead of recovering weight. think of it as a step that travels across the other foot.

We have described as back rock to keep it easy for teachers/students 12.00

- 5 6 Step right to right side and sway upper body to right (5), take weight to left foot and sway upper body to left (6) 12.00
- 7 8 & Make ¼ turn right stepping forward on right as you sweep left foot (7), cross left over right (8), step right to right side (&) 3.00

[25 – 32] Cross behind L sweeping R, long weave behind, R cross rock, ¼ turn R, step L ½ pivot R x2

- 1 2 & 3 Cross left behind right as you sweep right (1), cross right behind left (2), step left to left side (&), cross right over left (3) 3.00
- & 4 & 5 Step left to left side (&), cross right behind left (4), step left to left side (&), cross rock right over left (5) 3.00
- 6 & 7 Recover weight to left (6), make ¼ turn right stepping forward right (&), step forward left (7) 6.00
- & 8 & Pivot ½ turn right (&), step forward left (8), pivot ½ turn right (&) 6.00

[33 – 40] Walk L-R, fwd L, ½ pivot R, fwd L, walk R-L, R rock with ¼ R stepping side R

- 1 2 3 & 4 Step forward left (1), step forward right (2), step forward left (3), pivot ½ turn right (&), step forward left (4) 12.00

5 6 7 & 8 Step forward right (5), step forward left (6), rock forward right (7), recover weight left (&), make ¼ turn right stepping right to right side (8) 3.00

Restart 2: On the 3 wall you will dance up to this point however on count 8 instead of making a ¼ turn right you make ½ turn ready to start again facing 12.00 12.00

[41 - 48] L cross, R side rock, R cross, L side rock with ¼ turn R, ½ turn R, ½ turn R, L rocking chair

1 2 & 3 Cross left over right (1), rock right to right side (2), recover weight left (&), cross right over left (3) 3.00

4 & 5 Rock left to left side (4), make ¼ turn right recover weight forward on right (&), make ½ turn right stepping back on left (5) 12.00

6 7 & 8 & Make ½ turn right stepping forward on right (6), rock forward left (7), recover weight right (&), rock back left (8), recover weight right (&) 6.00

NOTE: Easy alternative count 5-6: Walk forward left (5), walk forward right (6)

Advanced alternative count 5-6: Make ½ turn R stepping back L (5), make ½ turn R stepping fwd R (&), make ½ turn R stepping back L (6), make ½ turn R stepping fwd R (&)

(These turns need to be smaller so try closing feet)

START AGAIN – HAVE FUN

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