

Blurred Lines

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Judy McDonald (CAN) - June 2013
音乐: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke : (Single - iTunes)



Start after a 32 count intro.

R syncopated weave, L rocking chair, L touch forward, knee pops x 2

1 2&3 4 Step R to side (1), step L behind (2), step R to side (&), cross L in front (3), step R to side (4),
5&6&7&8& Rock L forward (5), R recover (&), L rock back (6), R recover (&), L touch forward (7), lift both
 heels (&), drop heels (8), lift heels up (&)...keep your knees bent so your body doesn't go up
 and down

L syncopated weave, R rocking chair, R touch forward, knee pops x 2

1 2&3 4 Step L to side (1), step R behind (2), step L to side (&), cross R in front (3), step L to side (4),
5&6&7&8& Rock R forward (5), L recover (&), R rock back (6), L recover (&), R touch forward (7), lift both
 heels (&), drop heels (8), lift heels up (&)...keep your knees bent so your body doesn't go up
 and down

R rock, L recover, R step side, L cross triple, R recover, L step side, R cross triple

1 2 3 4&5 Rock R forward (1), recover on L (2), step R to side (3), cross L over right (4), step R (&),
 cross L over right into a rock (5),
6 7 8& Recover on R (6), step L to side (7), cross R over left (8), step L (&)...the next step of the
 triple will be count 1 below

R cross step & ½ pivot, R step forward ½ pivot, R touch step L touch step, R touch step, L touch step

1 2 3 4 Step R across left (1)...this is the last step of the triple, pivot ½ turn (2), step R forward (3),
 pivot ½ turn (4),
5&6&7&8& Touch R beside left (5), step R in place (&), touch L beside right (6), step L in place (&), touch
 R beside left (7), step R in place (&), touch L beside right (8), step L in place (&)...facing 12
 o'clock

Walk forward R, L, R triple forward, L rock & ¼ turn sweep, L coaster

1 2 3&4 Walk forward R (1), walk forward L (2), step R forward (3), step L together (&), step R forward
 (4),
5 6 7&8 Rock L forward (5), recover on R sweeping L and making ¼ turn (6), step L back (7), step R
 beside left (&), step L forward (8)...facing 9 o'clock

R step forward, pivot ¼ step L, R step cross, L kick & cross, L side rock & step, R side rock & touch, R kick & cross

&1 2 3&4 Step R forward (&), make ¼ turn L step in place (1), step R across left (2), kick L (3), step L
 beside right (&), step R across left (4),
5&6&7&8&1 Rock L to side (5), recover on R (&), step L beside right (6), rock R to side (&), recover on L
 (7), touch R beside left (&), kick R forward (8), step R beside left (&), step L across right
 (1)...facing 6 o'clock

R step side, L step across, R hip bumps, L rock step, L hip bumps, R rock step

2 3 4&5 Step R to side (2), step L across (3), step R to side and bump hips R (4), bump L (&), bump
 R taking weight on right (5),
6 7 8&1 2 3 Rock L back (6), recover on R (7), step L to side and bump hips L (8), bump R (&), bump L
 taking weight on left (1), rock R back (2), recover on L (3)

R rock & cross & cross & cross & rock step

4&5&6 Rock R to side (4), recover on L (&), cross R over left (5), step L together (&), cross R over left (6),
&7&8& Step L together (&), step R over left (7), step L together (&), rock R across left (8), recover on L (&)

Note: You will be travelling L at the end of the dance and will need to go R to start again, so keep the last 4 counts small and put your brakes on with the rock step. Have fun! ?

dl-1/6/2013
