

Country Proud

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kathryn Sloan (AUS) & Kelvin Dale (AUS) - November 2011
音乐: Country Proud - McAlister Kemp : (Album: Single - iTunes)



Starts 16 counts in with weight on left. Four tags, two restarts.

[1 – 8] Stomp, stomp, point, stomp, stomp, point, kick, kick, ½ turning coaster

1&2, 3&4 Stomp up R, Stomp R, point L to left side, stomp up L, Stomp L, point R to right side
5,6,7&8 Kick R forward, kick R to right side, step R back, turn 180°right, step L to side Step R in place

[9 – 16] & rock forward, replace, triple 1 ½ , rock forward, replace, coaster cross

&1,2,3&4 step forward on to L, rock forward on R, replace weight to L, turning 540° right step R, L, R,
(or half shuffle R,L,R)
5,6,7&8 rock forward on L, replace weight to R, step L back, step R beside L, cross L over R

[17- 24] & cross, & cross, rock replace, triple 1 ¼ , pivot half, step

&1&2,3,4 step R to right side, cross L over R, step R to right side, cross L over R, rock R to right side,
replace weight to L
5&6,7&8 turning 450° right step R, L, R, (or ¾ shuffle R,L,R) step L forward, pivot 180° right, step L
forward

[25 -32] Cross samba, cross Samba, half turning sailor, triple full turn

1&2,3&4 Step R across L, rock/replace L to side, replace weight to R, step L across R, Rock/replace R
to side, replace weight to L
5&6,7&8 Step L behind R, 1/2 turn right stepping forward on L, turning 360° left step L,R,L (or shuffle
forward L,R,L)

Repeat

Tags /Restarts

End of Wall 1 (9:00) – add 8 count tag

Cross rock, Replace, Side rock, Replace, Cross rock, Replace, Side rock, Replace

1, 2, 3, 4 Rock R across left, replace weight to L, Rock R to right side, replace weight to L
5, 6, 7, 8 Rock R across left, replace weight to L, Rock R to right side, replace weight to L

End of Wall 2 (6:00) – add first 4 counts of tag Cross rock, Replace, Side rock, Replace

Wall 3 - dance to count 16 (6:00) and add 2 count tag Side Rock , Replace

1,2 Rock R to right side, replace weight to L

End of wall 5 (12:00) – add first 4 counts of Tag

Cross rock, rock replace

Wall 6 - dance to count 16 (12:00) and Restart

NOTE – replacing the triple steps with easier shuffle steps, the dance definitely becomes an “early intermediate” dance as the music isn’t overly fast

Contacts: -

KELVIN DALE – 0414 795 528 - EMAIL –Kelvin kelvindale@gmail.com

Kathryn happykaf@yahoo.com