

# C'mon Lets "R.O.C.K."

拍数: 40                      墙数: 4                      级数: Improver  
编舞者: Mary E Richardson (SCO) - 2013  
音乐: R.O.C.K. by Bill Haley and the Comets



## 48 Count Intro

### Section 1 – Touch Step – Touch Step – Back Rock – Kick Step

1 2                      Touch right toe in place, step right in place  
3 4                      Touch left toe in place, step left in place  
5 6                      Rock back on right, recover onto left  
7 8                      Kick right forward, step right in place

### Section 2 - Touch Step – Touch Step – Back Rock – Kick Step

1 2                      Touch left toe in place, step left in place  
3 4                      Touch right toe in place, step left in place  
5 6                      Rock back on left, recover onto right  
7 8                      Kick left forward, step left in place

### Section 3 - Toe Struts $\frac{1}{4}$ Each x4 Clockwise in Own Circle (With Finger Snaps/claps)

1 2                      Step forward making  $\frac{1}{4}$  turn to right on right toe, drop right heel to floor (3 o'clock)  
3 4                      Step forward making  $\frac{1}{4}$  turn to right on left toe, drop left heel to floor (6 o'clock)  
5 6                      Step forward making  $\frac{1}{4}$  turn to right on right toe, drop right heel to floor (9 o'clock)  
7 8                      Step forward making  $\frac{1}{4}$  turn to right on left toe, drop left heel to floor (to face front)

### Section 4 - Jazz Box In Place – Jazz Box $\frac{1}{4}$ Turn Right

1 2                      Step right over left, step back on left  
3 4                      Step right to right side, step forward on left  
5 6                      Step right over left, step back on left  
7 8                      Step right making  $\frac{1}{4}$  Turn right to right, step forward on left

### Section 5 - Charleston

1 2                      Step right forward, kick left forward and clap  
3 4                      Step left back, touch right toes back and clap  
5 6                      Step right forward, kick left forward and clap  
7 8                      Step left back, touch right toes back and clap