

Days of Thunder

拍数: 32 墙数: 4
编舞者: Gary Lafferty (UK) - May 2013
音乐: Show Me Heaven - Maria McKee

级数: Easy Intermediate



16-count intro - (no tags, no restarts)

STEP FORWARD LEFT, RIGHT MAMBO, LEFT COASTER CROSS; SIDE, BEHIND-SIDE-CROSS

- 1 Step forward on Left foot
- 2&3 Rock forward on Right foot, recover weight onto Left foot, step back on Right foot
- 4&5 Step back on Left, step on Right foot beside Left, cross-step Left foot over Right
- 6 Step to Right on Right foot
- 7&8 Cross-step Left foot behind Right, step to Right on Right foot, cross-step Left foot over Right

SIDE, SAILOR ¼ TURN, STEP FORWARD; LEFT LOCK-STEP FORWARD, STEP FORWARD, ¼ TURN

- 1 Step to Right on Right foot
- 2&3 Turn ¼ Left stepping Left foot behind Right, step to Right on Right foot, step forward on Left foot
- 4 Step forward on Right foot
- 5&6 Step forward on Left foot, lock-step Right foot behind Left, step forward on Left foot
- 7-8 Step forward on Right foot, pivot ¼ turn to Left

FRONT-SIDE-BEHIND, SWEEP, BEHIND-¼ TURN-STEP; ROCK STEP & STEP FORWARD, ¼ TURN

- 1&2 Cross-step Right foot over Left, step to Left on Left foot, cross-step Right foot behind Left
- & Sweep Left foot around from front to back
- 3&4 Cross-step Left foot behind Right, turn ¼ Right stepping forward onto Right foot, step forward on Left foot
- 5-6 Rock forward on Right foot, recover weight back onto Left foot
- & Step onto Right foot beside Left
- 7-8 Step forward on Left foot, pivot ¼ turn to Right

CROSS-SHUFFLE, ¾ TURN - ROCK FORWARD, RECOVER, RIGHT COASTER STEP

- 1&2 Cross-step Left foot over Right, step to Right foot, cross-step Left foot over Right
- 3-4 Turn ¼ Left stepping back onto Right foot, turn ½ Left stepping forward onto Left foot
- 5-6 Rock forward on Right foot, recover weight back onto Left foot
- 7&8 Step back on Right, step on Left foot beside Right, step forward on Right foot

START AGAIN!