

Be My Baby Now

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate - Bachata / Latin feel
编舞者: Vicky St. Pierre (CAN) & Rachael McEnaney (USA) - June 2013
音乐: Be My Baby - Leslie Grace : (iTunes)



Count In: 16 counts from start of track. Approx 133 bpm.

Notes: 1 Restart on the 2nd wall – do the first 40 counts then Restart facing [12.00]

Styling: Don't forget to move the hips for the Latin styling. The bachata styling: – every time you touch the toe next to opposite foot do a little hip bump 'up-down'.

The same happens with hitch – try to bump the hip as you do it. (BUT Please remember this is just styling, you don't HAVE to do it all the way through (or at all if you don't want ;-))

[1 - 8] Fwd L. Hold. R side. L together. R back. Hold. L side. R together

1 2 3 4 Step forward left (1), hold (2), step right to right (3), step left next to right (4) 12.00

5 6 7 8 Step back right (5), hold (6), step left to left (7), step right next to left (8) 12.00

[9 - 16] ¼ turn L stepping fwd L. Hold. R side. L together. R back. L kick. Back L. R together

1 2 3 4 Make ¼ turn left stepping forward left (1), hold (2), step right to right (3), step left next to right (4) 9.00

5 6 7 8 Step back right (5), kick left foot forward (6), step back left (7), step right next to left (8) 9.00

[17 - 24] Fwd L. Hitch R, ¼ turn R stepping side R. L touch. ¼ turn L fwd L. ½ turn L hitch R. Walk back R-L.

1 2 3 4 Step forward left (1), hitch right knee (2), make ¼ turn right stepping right to right side (3), touch left next to right (4)

(during counts 3-4 keep head facing 9.00 and just turn feet and lower body into the ¼ turn) 12.00

5 6 Make ¼ turn left stepping forward left (5), make ½ turn left on ball of left as you hitch right knee (6), 3.00

7 8 Step back right (7), step back left (8) 3.00

[25 - 32] ¼ turn R stepping side R. L touch. ¼ turn L stepping fwd L. R sweep. R jazz box cross

1 2 Make ¼ turn right stepping right to right (1), touch left next to right (2),

(during counts 1,2 keep head facing 3.00, just turn feet & lower body into ¼ turn) 6.00

3 4 Make ¼ turn left stepping forward left (3), sweep right foot round to front (4) 3.00

5 6 7 8 Cross right over left (5), step back on left (6), step right to right (7), cross left over right (8) 3.00

[33 - 40] R side. L touch. L side. R touch. Rolling vine R. L touch

1 2 3 4 Step right to right (1), touch left next to right (2), step left to left (3), touch right next to left (4) 3.00

5 6 7 8 Make ¼ turn right stepping forward right (5), make ½ turn right stepping back on left (6), make ¼ turn right stepping right to right side (7), touch left next to right (8)

EASY OPTION: Step right to right (5), step left next to right (6), step right to right (7), touch left (8) 3.00

RESTART On the 2nd wall – restart the dance here. 2nd wall begins facing 9.00 – you will restart facing 12.00

[41 - 48] L side. R touch. R side. L touch. ¼ turn L step fwd L. ¼ L step side R. L behind. R side

1 2 3 4 Step left to left side (1), touch right next to left (2), step right to right side (3), touch left next to right (4) 3.00

5 6 7 8 Make ¼ turn left stepping forward left (5), make ¼ turn left stepping right to right (6), cross left behind right (7), step right to right (8) 9.00

[49 - 56] L cross. R back. L back. R cross. L back. R back. L cross shuffle

1 2 3 Cross left over right (1), step diagonally back on right (2), step diagonally back on left (3),
9.00
4 5 6 Cross right over left (4), step diagonally back on left (5), step diagonally back on right (6)
(think of counts 1-6 as jazz box's moving back) 9.00
7 & 8 Cross left over right (7), step right to right side (&), cross left over right (8) 9.00

[57 - 64] R chasse. L back rock. L fwd. ½ pivot R. L fwd. ½ pivot R

1 & 2 Step right to right side (1), step left next to right (&), step right to right side (2) 9.00
3 4 Rock back on left (3), recover weight to right (4) 9.00
5 6 7 8 Step forward left (5), pivot ½ turn right (6), step forward left (7), pivot ½ turn right (8)
Easy option: Left rocking chair 9.00

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.

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