

Live Without You

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Darrel Winson (UK) - June 2013
音乐: How Do I Live - LeAnn Rimes



Intro: 16 counts

SEC 1: STEP AND SWEEP, CROSS ROCK ¼ R, PIVOT ¾ R, STEP TOUCH, DIAGONAL ROCKING CHAIR

- 1-2&3 Big step L foot to L side while sweeping R foot from back to front, cross rock R foot over L foot, recover weight on L foot, turn ¼ R stepping R foot forward (12.00)
- 4&5-6 Step L foot forward, turn ¾ R over R shoulder ***, big step L foot to L side, touch R toes beside L foot while slightly bending both knees facing L diagonal – 11.00)
- 7&8& Rock R foot forward, recover weight on L foot, rock R foot back, recover weight on L foot (still facing L diagonal – 11.00)

SEC 2: STEP AND SWEEP, CROSS SIDE BEHIND, SWEEP, BEHIND SIDE CROSS ROCK, RECOVER SIDE CROSS ROCK, RECOVER ¼ TURN L

- 1-2&3 Step R forward while sweeping L foot from back to front (square up to the front wall – 12.00), cross L foot over R foot, step R foot to R side, cross L foot behind R foot while sweeping R foot from front to back (12.00)
- 4&5 Cross R foot behind L foot ***, step L foot to L side, cross rock R foot over L foot (12.00)
- 6&7 Recover weight on L foot, step R foot to R side, cross rock L foot over R foot (12.00)
- 8& Recover weight on R foot, turn ¼ L stepping L foot forward (9.00)

SEC 3: ¼ TURN L, R NIGHTCLUB BASIC, ¼ TURN L, ARABESQUE, COLLECT, SIDE ROCK CROSS, STEP-DRAG-TOUCH

- 1-2& Turn ¼ L stepping R foot to R side, rock L foot behind R foot, recover weight on R foot while R foot slightly crosses L foot (6.00)
- 3-4 Turn ¼ L while lifting R foot back and extend / straighten your calf, return / collect R foot beside L foot (3.00)
- 5&6 Rock L foot to L side, recover weight on R foot, cross L foot over R foot (3.00)
- &7-8 Big step R foot to R side, drag / slide L toes towards R foot, touch L toes beside R foot (3.00)

SEC 4: ¼ TURN L, STEP AND SWEEP, ROCK AND RECOVER ½ TURN R, SWEEP, ROCK AND RECOVER ½ TURN L, FULL TURN L, ¼ TURN L, R NIGHTCLUB BASIC

- 1-2&3 Turn ¼ L stepping L foot forward while sweeping R foot from back to front, rock R foot forward, recover weight on L foot, turn ½ R stepping R foot forward while sweeping L foot from front to back (6.00)
- 4&5 Rock L foot forward, recover weight on R foot, turn ½ L stepping L foot forward (12.00)
- 6& Turn ½ L stepping R foot back, turn ½ L stepping L foot forward (12.00)
- 7-8& Turn ¼ L stepping R foot to R side, rock L foot behind R foot, recover weight on R foot while R foot slightly crosses L foot (9.00)

RESTARTS ***

On wall 2 and wall 5, dance till count 4 on section 2, the HOLD for one count and start from the beginning.
On wall 8, dance up to count 4& on section 1 and start again.

TAG: At the end of wall 3, wall 6 and wall 10 add

SWAY X2

- 1-2 Sway hips to L side, sway hips to R side

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