Shine Bright



拍数: 32 编数: 2 级数: Intermediate

编舞者: Darrel Winson (UK) - June 2013

音乐: Diamonds - Rihanna

Intro: 16 counts

SEC 1: CROSS STOMP, BACK, SIDE, CROSS STOMP, BACK, SIDE, CROSS STOMP, COASTER STEP, FORWARD

1-2&	Cross stomp R foot over L foot, step L foot back, step R foot to R side slightly back (12.00)
3-4&	Cross stomp L foot over R foot, step R foot back, step L foot to L side slightly back (12.00)
5-6&	Cross stomp R foot over L foot, step L foot back, step R foot beside L foot (12.00)
7-8	Step L foot forward, step R foot forward (12.00)

SEC 2: HITCH, SWING/PUSH HIPS, BACK TOUCH, 1/4 R FORWARD, FORWARD ROCK AND RECOVER,

1½ L TURNING ARC, SWEEP

1-2 Lift L knee up, make a big step L foot to L side while pushing hips to L side (make it as funky

as you can) (12.00)

3-4 Touch R toes behind L foot, turn ¼ R stepping R foot forward (3.00)

5-6 Rock L foot forward, recover weight on R foot (3.00) ***

7&8&1 Turn ½ L stepping L foot forward, step R foot next to L foot, turn ½ L stepping L foot forward,

step R foot next to L foot, turn 1/4 L stepping L foot forward while sweeping R foot from back

to front (12.00)

SEC 3: CROSS SIDE, SAILOR 1/4 TURN R, FORWARD, 1/4 L POINT, HIPS BUMP

2-3	Cross R foot over L foot, step L foot to L side (12.00)
4&5	Turn ¼ R crossing R foot behind L foot, step L foot to L side, step R foot forward (3.00)
6-7	Step L foot forward, do a funky ¼ L turn pointing R toes to R side while slightly bending both
	knees (you may also slightly lower down your body) (12.00)

8&1 Bump hips to R side, bump hips to L side, bump hips to R side (transfer weight on R foot)

(12.00)

SEC 4: SAILOR STEP, TOUCH-HITCH-CROSS BACK X2, SAILOR ½ R

2&3	Cross L foot behind R foot, step R foot to R side, step L foot to L side (12.00)
4&5	Touch R toes to R side, lift R knee up, cross R foot behind L foot (12.00)
6&7	Touch L toes to L side, lift L knee up, cross L foot behind R foot (12.00)
8&	Turn ½ R crossing R foot behind L foot, step L foot to L side (6.00)

TAG ***: On wall 6 and wall 9, dance till count 6 on section 2, then change the turning arc to: SAILOR $\frac{1}{4}$ L

7&8 Turn ¼ L crossing L foot behind R foot, step R foot to R side, step L foot to L side

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