Don't Rush



编舞者: Yvonne Krause (USA) - April 2013

音乐: Don't Rush (feat. Vince Gill) - Kelly Clarkson: (CD: Greatest Hits - Chapter One)



[1-8] STEP FORWARD HOLD, & WALK, WALK, ROCK RECOVER, COASTER STEP

1-2 Step forward on right and hold.

&3-4 Step forward on left, walk forward right, left.5-6 Rock forward on right, recover onto left.

7&8 Step back on right, step left next to right, step forward on right.

[9-16] STEP FORWARD HOLD, & WALK, WALK, ROCK RECOVER, COASTER STEP

1-2 Step forward on left and hold.

Step forward on right, walk forward left, right.

Rock forward on left, recover onto right.

7&8 Step back on left, step right next to left, step forward on left.

*Restart the dance here during the fourth revolution (9:00)

[17-24] CROSS UNWIND 1/2 TURN LEFT, COASTER STEP, STEP POINT, STEP POINT

1-2 Cross right over left and unwind ½ turn left.

3&4 Step back on right, step left next to right, step forward on right.

5-6 Step forward left, point right to right side.7-8 Step forward right, point left to left side.

[25-32] SAILOR STEP, SAILOR STEP W/1/4 TURN RIGHT, PIVOT 1/2 TURN RIGHT, SHUFFLE FORWARD

1&2 Cross left behind right, step right to right side, step left in place.

3&4 Cross right behind left making ¼ turn right, step left to left side, step right next to left.

5-6 Step forward on left, pivot ½ turn right.7&8 Shuffle forward stepping left, right, left.

May You Always Dance Like No One Is Watching

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^{*}Restart during the fourth revolution (facing 9:00) do the first 16 steps then restart the dance.