

One Night Shag

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Russell Breslauer (USA) - May 2013
音乐: One Night At a Time - George Strait



Alt. music: Shaggin' On The Boulevard by Alabama

STRUT FORWARD, CHA CHA CHA X2

1-2 Point Right toe forward, recover on right heel
3&4 Step forward together forward left-right-left
5-6 Point Right toe forward, recover on right heel
7&8 Step forward together forward left-right-left

ROCK RECOVER, CHA CHA SIDE, ROCK RECOVER, ½ LEFT CHA CHA TURN

9-10 Rock forward on right across left, recover on left
11&12 Traveling to right side, continue with right-left-right
13-14 Rock forward on left, recover on right
15&16 ½ Turn to left stepping left right left

WALK, WALK, KICK BALL CHANGE X2

1-2 Step Right forward, Left forward
3&4 Kick Right foot forward step on Right, step on Left
5-6 Step Right forward, Left forward
7&8 Kick Right foot forward step on Right, step on Left

VINE RIGHT, CHA CHA SIDE, X 2

9-10 Right step side right, left behind right
11&12 Traveling to right side right-left-right
13-14 Left step side with left, right behind left
15&16 Traveling to left side right-left-right

REPEAT

For One Night at a Time, there is a 4 count hold towards the end of the dance.

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