

# 1000 Things

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Richard Palmer (UK) & Lorna Dennis (UK) - May 2013  
音乐: 1000 Things – Dave Tough



Intro: 16 counts (start on vocals)

**[1 - 8] Behind, Side, Cross Shuffle, Side Rock, Behind, ¼ Turn, Step**

1 - 2                      Step Left behind right, step right to right side  
3 & 4                      Cross left over right, step right to right side, step left over right  
5 - 6                      Rock right to right side, recover weight onto left  
7 & 8                      Step right behind left, make a ¼ turn left stepping forward on left, step forward on right

**[9 - 16] Step, Hold, &, Step, Pivot ½, Step, Rock, Recover**

1 - 2                      Step forward left, hold,  
&3 - 4                      Bring right next to left, step forward left, step forward right making a ½ pivot over left shoulder  
5 - 6                      Transfer weight to left foot, step forward on right  
**(\*Restart dance at this point on wall 13 after holding for 3 counts)**  
7 - 8                      Rock left to side on left, recover onto right  
**(\*Restart dance at this point on wall 6)**

**[17 - 24] Behind, Side Rock, Recover, Behind, ½ Unwind, Rock ¼ turn, Recover**

1 - 2                      Cross step left behind right, Rock right to right side  
3 - 4                      Recover onto left, Cross step right behind left  
5 - 6                      Touch left toe back, unwind a ½ turn over left shoulder  
7 - 8                      Rock onto right making a ¼ over left shoulder, recover onto left.  
**(\*Restart dance at this point on walls 3 & 9, replacing the last step with a left drag behind)**

**[25 - 32] Cross, Points x 3, Cross, Hold, &, Cross, Step**

1 - 2                      Cross step right over left, point left toe to left side  
3 - 4                      Point left toe in front of right, point left toe to left side  
5 - 6                      Cross step left over right, hold,  
&7 - 8                      Step right next to left, Cross step left over right, Step right to right side

**REPEAT**

**RESTARTS: -**

1st Restart – Wall 3 – Dance the first 23 counts, drag left behind for the 24th count then restart the dance (begin dance facing 6 o'clock)

2nd Restart – Wall 6 – Dance the first 16 counts and restart the dance (begin dance facing 9 o'clock)

3rd Restart – Wall 9 – Dance the first 23 counts, drag left behind for the 24th count then restart the dance (begin dance facing 3 o'clock)

4th Restart – Wall 13 – Dance the first 14 counts, hold for 3 counts then restart the dance

Please be aware that due to the Restarts the dance changes to the side walls after the second Tag and back to the front/back wall after the Restart, hence making it a 4 wall dance.

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