

Look At Us

拍数: 64 墙数: 2 级数: Advanced Beginner
编舞者: Brian Chadwick (CAN) - May 2013
音乐: Look at Us - Vince Gill : (tempo increased +10%)



Fwd lock, shuffle forward, right & left

1,2,3&4 R step diagonally right, lock L behind R, shuffle fwd: R-L-R
5,6,7&8 L step diagonally left, lock R behind L, shuffle fwd: L-R-L

Weave 4 , cross mambo, hold, right & left

1-4 R over L, L to side, R behind L, L to side
5-8 R cross over L, recover on L, R step to side, hold
1-4 L over R, R to side, L behind R, R to side
5-8 L cross over R, recover on R, L step to side, hold

Cross/unwind 1/2 left, shuffle fwd, L rock/recover, coaster

1-2 R cross over L & unwind 1/2 left onto L
3&4 shuffle forward: R-L-R
5-6 L rock forward, recover on R
7&8 L step back, R step back next to L, L step forward

Basic right & left (with swaying motion)

1-4 R to side, L close, R to side, L touch
5-8 L to side, R close, L to side, R touch

Right rocking chair, right vine

1-4 rock fwd on R, recover on L, rock back on R, recover on L
5-8 R to side, L behind R, R to side, L scuff

Left rocking chair, left vine

1-4 rock fwd on L, recover on R, rock back on L, recover on R
5-8 L to side, R behind L, L to side, R touch

Right rumba box back

1-4 R to side, L together, R back, hold (or L touch)
5-8 L to side, R together, L forward, hold (or R touch)

Repeat

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