

Put Your Hands On Me

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Debbie McLaughlin (UK) - May 2013
音乐: Put Your Hands On Me - Joss Stone : (Album: Introducing Joss Stone)



Count in: After 16 counts

CROSS ROCK & BEHIND AND CROSS 1/2 TURN 1/2 TURN BACK LOCK BACK

12& Cross L over R, Rock R out to R side, Recover weight back onto L
3&4 Cross R behind L, Step L to L side, Step slightly forward on R
5 6 Pivot 1/2 turn L taking weight forward onto L, Make 1/2 turn L stepping back on R (12 o'clock)
7&8 Step back on L, Lock R across L, Step back on L

1/4 TURN BUMP BUMP BUMP & CROSS 1/4 TURN STEP 1/2 TURN WALK WALK &

12& Make 1/4 turn R stepping R to R side and bumping hips to R, Bump hips L, Bump hips R ending with weight on R (3o'clock)
3&4 Hold count 3, Step L beside R, Cross R over L
5&6 Make 1/4 turn L stepping L forward, Step R forward, Pivot 1/2 turn L taking weight forward onto L (6o'clock)
7 8& Walk forward R, L (with style!), Make 1/4 turn L stepping R to R side (3 o'clock)

*** Restart here on walls 5 and 9

CROSS 1/4 TURN POINT & POINT SAILOR STEP SAILOR 3/4 TURN

1 2 Cross L over R, Make 1/4 turn R stepping R forward (6o'clock)
3&4 Make 1/4 turn R and touch L to L side, Step L beside R, Touch R to R side (9o'clock)
5&6 Cross R behind L, Step L slightly to L side, Step R to R side
7&8 Cross L slightly behind R, Make 1/2 turn L stepping R slightly forward, Make 1/4 turn L stepping L slightly forward (12 o'clock)

TOUCH STEP TOUCH STEP ROCKING CHAIR & STEP 1/2 TURN &

1 2 Touch R forward to R diagonal pushing R hip forward, Step R straight forward whilst rolling hips anti-clockwise
3 4 Touch L forward to L diagonal pushing L hip forward, Step L straight forward whilst rolling hips clockwise
5&6& Rock forward on R, Recover back onto L, Rock back on R, Recover forward onto L
7 8& Step R forward, Pivot 1/2 turn L taking weight forward onto L, Make 1/4 turn L stepping R to R side (3o'clock)

2 Restarts: During walls 5 and 9 -

Dance up to count 16& and restart the dance. You will be facing 3o'clock for both Restarts

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