

Play On

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Michelle Risley (UK) - May 2013
音乐: Play On - Carrie Underwood : (iTunes)



STEP R, BEHIND & CROSS, STEP R, BEHIND & CROSS, SIDE ROCK, CROSS

1 Long Step Right to Right side
2&3 Cross Left behind Right, Step Right to Right side, Cross Left over Right
4 Step Right to Right side,
5&6 Cross Left behind Right, Step Right to Right side, Cross Left over Right
7&8 Rock to Right Side, Recover on Left, Cross Right over Left

(WAVE TURN)

¼ TURN R, ¼ TURN R, CROSS, ¼ TURN L, ¼ TURN L, CROSS. R ROCK, RECOVER, WEAVE

1&2 1/4 Turn Right Step back on Left (3:00) 1/4 Right Stepping Right to R Side (6:00) Cross Left over Right
3&4 1/4 Turn Left Step back on Right (3:00) 1/4 Left stepping Left to L side (12:00) Cross Right over Left
5-6 Facing Left diagonal - Rock Left forward, recover on Right
7&8 Weave Left behind, Right side, Left cross over Right

**** Restart here on wall 3 at 6:00 & during wall 7 at 3:00 wall**

DIA. STEP TOUCH ,BACK KICK, R BACK LOCK, ¾ L TURN, R LOCK FWD

1& Facing Right Diagonal, Step forward Right, touch Left behind Right
2& Step back on Left, Kick Right forward into diagonal
3&4 Step Back Right, lock Left over Right, step back Right

(This section is danced on the R diagonal)

5&6 3/4 Triple Turn L, (L-R-L)
7&8 Right Lock Forward– step forward Right, Lock Left behind, Step forward Right (count 7&8 straighten up to 3:00)

(Non-Turning option: Replace count 5&6 with 1/8 turn R coaster step to 3:00)

WALK, WALK, MAMBO SWEEP, SAILOR STEP, CROSS ROCK, SIDE, TOUCH

1 Step forward on Left (slightly across Right),
2 Step forward on Right (slightly across Left)
3&4 Rock forward on Left, Recover on Right, Step back on Left & Sweep Right from front to back
5&6 Step Right Behind Left, Step Side on Left, Step Right to Right

(counts 5&6 angled to Right Diagonal)

&7 Cross Rock Left over Right, Recover on Right,
&8 Step Left to Left Side, Touch Right to place

(counts &8 straighten up to new wall 3:00)

Enjoy! And PLAY ON...

2 Restarts - (During walls 3 & 7 after count 16)

Last Revision - 9th July 2013