

Roll Out The Barrel (P)

拍数: 64 墙数: 0 级数: Improver Partner
编舞者: DJ Dan (NL) & Winnie (NL) - May 2013
音乐: Roll Out the Barrel - Dan Roberts : (CD: Beyond The Brand - iTunes)



Intro 8 counts.

Or: Lies by The Mavericks. CD In Time [bpm 149] intro: 16 counts. [iTunes]

Start position: back to back, man right hand & lady left hand, man left hand & lady right hand.
Man begin with Left facing ILOD, opposite footwork and turns unless stated.
Lady steps listed facing OLOD.

[1-8] HIP BUMPS, 1/4 TURN, 1/2 TURN, ROCK STEP BACK

1-2 Step Right to right side bump hips twice to right.
3-4 Bump hips twice to left.

Man right hand let go lady left hand.

5-6 Make 1/4 turn right step Right forward. Make 1/2 turn right step Left back. Both LOD

Man left hand let go lady right hand. Man right hand rejoin lady left hand. Right open promenade.

7-8 Rock Right back. Recover onto Left.

[9-16] LOCK STEP FORWARD, HOLD, R/L

1-4 Step Right forward. Lock Left behind Right. Step Right forward. Hold (or scuff Left).
5-8 Step Left forward. Lock Right behind Left. Step Left forward. Hold (or scuff Right).

[17-24] TOE STRUTS WITH 1/4 TURNS

1-2 Make 1/4 turn left step on Right toe to right side. Drop Right heel. (facing each other)
3-4 Make 1/4 turn right step forward on Left toe. Drop Left heel. LOD
5-6 Make 1/4 turn left step on Right toe to right side. Drop Right heel. (facing each other)
7-8 Make 1/4 turn right step forward on Left toe. Drop Left heel. LOD

[25-32] 1/4 TURN, BEHIND, 1/4 TURN, HOLD, STEP, PIVOT 3/4 TURN, SIDE, TOUCH

1-2 Make 1/4 turn left step Right to right side. Cross Left behind Right. (facing each other)
3-4 Make 1/4 turn right step Right forward. Hold. LOD

Man right hand let go lady left hand.

5-6 Step Left forward. Pivot 3/4 turn right.

Country Western Closed, man OLOD lady ILOD

7-8 Step Left to left side. Touch Right next to Left.

[33-40] SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH,

1-2 Step Right to right side. Step Left next to Right.
3-4 Step Right to right side. Touch Left toe next to Right.
5-6 Step Left to left side. Step Right next to Left.
7-8 Step Left to left side. Touch Right toe next to Left.

[41-48] STEP BACK, HOLD, POINT BACK, HOLD, STEP FWD. HOLD, TOUCH, HOLD,

1-2 Step Right back (man step Left forward). Hold.
3-4 Touch Left toe back (man touch Right toe forward). Hold.
5-6 Step Left forward. (man step Right back). Hold.
7-8 Touch Right toe next to Left. (man touch Left toe next to Right). Hold.

[49-56] WALKS FORWARD, HOLD, X2 (MAKING A FULL CIRCLE CW)

Right parallel

1-4 Step forward Right, Left, Right. Hold.

5-8 Step forward Left, Right, Left. Hold. (Walking a full circle C.W. in 8 counts)

Man let go lady, man right hand pick up lady left hand. Man facing OLOD lady ILOD.

[57-64] SIDE MAMBO WITH 1/4 TURN, HOLD, STEP, PIVOT 1/4 TURN, TOGETHER, HOLD

1-4 Rock Right to right side. Recover onto Left 1/4 turn right. Step Right next to Left. Hold. LOD

5-8 Step Left forward. Pivot 1/4 turn Right. Step Left next to Right. Hold.

Man left hand pick up lady right hand, start position.

Begin again.

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