

Lets Do Lunch!

拍数: 32 墙数: 4 级数: Higher Beginner
编舞者: Caroline Cooper (UK) - May 2013
音乐: Liquid Lunch - Caro Emerald



Intro approx 21 secs

Section 1: □RIGHT HEAL, TOE, SHUFFLE, LEFT HEAL, TOE, SHUFFLE

- 1 2 3&4 Tap right heal forward, tap right toe forward, step forward right, bring left up to right step forward right.
5 6 7&8 Tap Left heal forward, tap left toe forward, step forward left, bring right up to left, step forward left. (12:00)

Section 2: □RIGHT CROSS, STEP BACK, ¼ SIDE CLOSE SIDE, LEFT CROSS, BACK RIGHT, ½ TURN SHUFFLE LEFT

- 1 2 3&4 Cross right over left, step back left, ¼ turn right, stepping right to right side, bring left up to right step right to right.
5 6 7&8 Cross left over right, step back right, ½ left stepping forward left, bring right up to left, step forward left. (9:00)

Section 3: □STEP ¼ LEFT, CROSS SHUFFLE, MAMBO LEFT & RIGHT

- 1 2 3&4 Step forward right, ¼ pivot left, cross right over left, step left to left side, cross right over left.
5&6 7&8 Rock left to left side, replace weight on to right, close left next to right, rock right to right side, replace weight on to left side, close right next to left. (6:00)

Section 4: □WALK BACK LEFT & RIGHT, LEFT COASTER BACK, STEP ½ PIVOT LEFT, STEP ¼ PIVOT LEFT

- 1 2 3&4 Step back left & right, Step back left, bring right up to left, step forward left.
5 6 7 8 Step forward right 1/2 pivot turn over left, step forward right ¼ pivot turn left (9:00)

There is one Tag at the end of wall 3 facing 3.00 o'clock.

- 1 2 3 4 Diagonally step forward right, Diagonally step forward left, step back right, step back left.
5 6 7 8 Diagonally step forward right, diagonally step forward left, step back right, step back left.

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