

Smooth

拍数: 32 墙数: 4 级数: Beginner
编舞者: Unknown - May 2013
音乐: Coca-Cola Cowboy - Mel Tillis



HEEL, TOE – RIGHT & LEFT

1-2 Touch right heel forward, touch right foot home
3-4 Touch right toe side, touch right foot home
5-6 Touch left heel forward, touch left foot home
7-8 Touch left toe side, touch left foot home

GRAPEVINE – LEFT & RIGHT

9-10 Step left to left side, step right behind left
11-12 Step left to left side, touch right next to left
13-14 Step right to right side, step left behind right
15-16 Step right to right side, touch left next to right

LOCK STEP, LEFT & RIGHT

17-18 Step left foot angle forward left (11:00), slide right foot up near left foot
19-20 Step left foot angle forward left, slide right foot up near left foot
21-22 Step right foot angle forward right (1:00), slide left foot up near right foot
23-24 Step right foot angle forward right, slide left foot up near right foot

¼ TURN LEFT (in 4 steps)

25-28 March in place for 4 counts (L, R, L, R), gradually turning ¼ turn to the left

TWO HEEL SPLITS

29-30 Weight on toes - split heels, back home
31-32 Weight on toes - split heels, back home

REPEAT

Submitted by - Bob Gair : bgair03@gmail.com