

Dancin' On My Mind

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Sandy Kerrigan (AUS) - May 2013
音乐: Always On My Mind - Elvis Presley



Seq: 48-64-48-64-HOLD SECTION + 8 COUNT TAG-48

Back, ¼ Side, Cross, Side Shuffle, Cross Rock, Shuffle with ¼ Turn 12:00

1 2 3 4 & 5 Step Back on R, ¼ L-Step L to L, Cross R over L, Step L to L, R next to L, Step L to L
6 7 8 & 1 Cross Rock R over L, Replace to L, Step R to R, Step L next to L, ¼ R-Step Fwd on R

¼ Side Rock, Behind, Side Cross, Side Rock, ½ Hinge Turn/Side Shuffle 9:00

2 3 & 4 5 ¼ R-Rock L to L Side, Replace to R, Cross L behind R, Step R to R, Cross L over R
6 7 8 & 1 R Side Rock, Replace to L, ½ R Side Hinge Turn/Step R to R, Step L next to R, Step R to R

½ Hinge Turn/Side Shuffle, ½ Hinge Turn/Side Shuffle, Walk, Walk, Fwd ½ Pivot Turn, Step Fwd

2 & 3 ½ L Side Hinge Turn/Step L to L, Step R next to L, Step L to L
4 & 5 ½ R Side Hinge Turn/Step R to R, Step L next to R, Step R to R 9:00
6 7 Walk Fwd L (with slight cross action) Walk Fwd R
8 & 1 Step Fwd L, ½ Pivot Turn R/wt to R, Step Fwd on L 3:00

Walk, Walk, Fwd ½ Pivot Turn, Step Fwd, Fwd Rock Step, Back Lock Shuffle 9:00

2 3 4 & 5 Walk Fwd R (with slight cross action) Walk Fwd L, Step Fwd R, ½ Pivot Turn L/wt to R, Fwd R
6 7 8 & 1 Rock Fwd L, Replace back to R, Step Back on L, Lock R over L, Step Back on L 9:00

Back Lock Shuffle, Back Rock Step, ½ Step Turn with Hitch, ¼ Shuffle Turn 6:00

2 & 3 4 5 Step Back R, Lock L over R, Step Back on R, Rock back L, Replace Fwd to R
6 7 Step Fwd L, ½ L Swivel Turn-with R Hitch over L (keeping left leg STRAIGHT)

(Easy option-swivel ¼ L to 6:00, Shuffle Fwd R)

8 & 1 Step R to R, Step L next to R, ¼ R-Step Fwd R 6:00

Fwd ½ Pivot Turn, ½ Turning Shuffle, Back Rock step, Fwd R Coaster Step 6:00

2 3 4 & 5 Step Fwd L, ½ Pivot Turn R/wt on R, ¼ R- L to L, Step R next to L, ¼ R/Step back L
6 7 8 & 1 Rock Back on R, Replace Fwd to L, Step Fwd R, Step L next to R(cnt 48) Step Back R

Back Rock Step, Side Rock Turn ¼, Fwd ½ Pivot Turn, ¼ Side Shuffle Turn 6:00

2 3 4 & 5 Rock back on L, Replace Fwd to R, Rock L to L, Replace to R/Turning ¼ R, Step Fwd L
6 7 8 & 1 Step Fwd R, ½ Pivot Turn L/wt on L, ¼ Turn L/Step R to R, Step L next to R, Step R to R

Back Rock Step, ¼, ¼, Cross, Side Rock, Rep, Rock Fwd, Rock Back 12:00

2 3 4 & 5 Rock Back L, Replace Fwd to R, ¼ R/Step back L, ¼ R/Step R to R, Cross L over R
6 7 8 & Rock R to R Side, Replace to L Side, Step Fwd R, Replace back to L

[64]

Note: The blend of counts 8 & 1 (ending and start, blend together)

48-front wall -- 64-back wall

End of Wall 4 facing 12:00 add the following tag

HOLD – until you hear Elvis sing “mind”

L Mambo Step, Fwd Lock Shuffle, Fwd Lock Shuffle, Fwd Rock Step

1 & 2 3 & 4 Step Back L, Replace Fwd to R, Step Fwd L, Fwd R, Lock L behind R, Step Fwd R

5 & 6 7 8 Fwd L, Lock R behind L, Step Fwd L, Rock Fwd R, Replace back to L

Restart dance on count 1- Step Back R

Rather than create a sequence dance, I decided to keep this dance as easy as possible!

Deirdre, this dance is for you!

Contact: <http://www.kerrigan.com.au/>
