

Sad Songs

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Dougie Faulds (SCO) - May 2013
音乐: Sad Songs (Say So Much) - Elton John : (CD: Greatest Hits 1970 - 2002)



32 Count Intro Start on Vocals.

[1 - 8] RIGHT SHUFFLE FROWARD/STEP ¼ RIGHT/ FRONT, SIDE, BEHIND, ¼ RIGHT.

- 1&2 Step Right Forward, Step Left Next To Right, Step Right Forward.
- 3-4 Step Forward Left, Pivot a ¼ turn Right.
- 5-6 Cross Left Over Right, Step Right To Right Side.
- 7-8 Cross Left Behind Right, Turn a ¼ Right Stepping Forward Right. (6)

[9 – 16] Rock Recover/Turn ¼ Left/ Cross Right Over Left/ ¼ Turn – ¼ Turn Right/ Cross Rock.

- 9-10 Rock Forward On Left, Recover On Right
- 11-12 Turn a ¼ Left Stepping Left To Left Side, Cross Right Over Left.
- 13-14 Turn a ¼ Right Stepping Back On Left; Turn a ¼ Right Stepping To Right Side.
- 15-16 Cross Rock Left Over Right, Recover Weight Back On To Right (9)

[17-24] Chasse Left/Cross Rock/Sailor ¼ Turn/Full Turn Right.

- 17&18 Step Left To Left Side, Step Right Next To Left, Step Left To Left Side.
- 19-20 Cross Rock Right Over Left, Recover Weight On To Left.
- 21&22 Sweep Right Round Behind Left Turning a ¼ Right, Step Left To Left Side. Step Right To Right Side.
- 23-24 Turn a ½ Turn Right Stepping Back Left, Turn a ½ Turn Right Stepping Forward Right. (12)

Non Turning: Walk Forward Left-Right.

[25-32] Chasse Left /Cross Rock/Chasse Right/ Back Rock.

- 25&26 Step Left To Left Side, Step Right Next To Left. Step Left To Left Side.
- 27-28 Cross Rock Right Over Left, Recover Weight On To Right.
- 29&30 Step Right To Right Side, Step Left Next To Right, Step Right To Right Side.
- 31-32 Step Back On Left, Rock Weight Forward On To Right.

[33-40] Chasse ¼ Left/Back Rock/Side Rock/Cross Unwind a ½ Turn.

- 33&34 Turn a ¼ Turn Right Stepping Left To Left Side, Step Right Next to Left, Step Left To Left Side (3)
- 35-36 Rock Back On Right, Recover On Left
- 37-38 Rock Right Out to Right Side, Recover On Left,
- 39-40 Cross Right Over left, Unwind a ½ Turn Left Keeping Weight on Left. (9)

[41-48] Cross/Side/Behind/Turn ¼ Left/Step Pivot ½ Turn/Turn a ¼ Left/Cross Behind.

- 41-42 Cross Right Over Left, Step Left To Left Side.
- 43-44 Cross Right Behind Left, Turn a ¼ Left Stepping Forward Left.
- 45-46 Step Right Forward, Pivot a ½ Turn Left.
- 47-48 Turn a ¼ Left Stepping Right To Right Side, Cross Left Behind Right. (9)

[49-56] Right Coaster Step/Step ¼ Pivot/Cross Shuffle/Side Rock Recover.

- 49&50 Step Right Back, Step Left beside Right, Step Forward Right.
- 51-52 Step Left Forward, Pivot a ¼ Turn Right,
- 53&54 Cross Left Over Right, Step Right To Right Side, Cross Left over Right.
- 55-56 Rock Right To Right Side, Recover On To Left. (12)

[57-64] Back Cross Back/Behind ½ Turn/Rocking Chair.

57&58 Step Back On Right, Cross Left In Front Of Right, Step Back On Right
59-60 Touch Left Toe Back, Turn a ½ Turn Left Taking Weight on To Left
61-62 Rock Forward On Right, Recover On Left.
63-64 Rock Back On Right, Recover On Left (6)

Start Again

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