

# La Premier

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Jasmine Leong (MY) - May 2013  
音乐: La première fois - Shy'm



Start dance after 4x8's.

## SET 1: WALK 2X, PIVOT ½L, STEP ½L BACK, STEP BACK, R COASTER, KICK OUT OUT

1-2                      Step RF fwd, Step LF fwd 12:00  
3&4                      Step RF fwd, Pivot ½L shifting weight on LF, Step ½L on RF 12:00  
5,6&7                      Step LF back, Step RF back, Step LF next to RF, Step RF fwd 12:00  
8&1                      Kick LF, Step LF to L, Step RF to R (keep weight at the center) 12:00

## SET 2: R HIP BUMPS, L HIP BUMPS, SLIDE IN & BACK, BODY ROLL, SIT

2&3                      Hip bumps R,L,R 12:00  
4&5                      Hip bumps L,R,L 12:00  
6-7                      Slide RF in, Slide RF back with upper body bent fwd 12:00  
8-1                      Roll upper body backward into a sit on right hip 12:00

## SET 3: KICK & POINT, SHOULDER POP, ¼R SAILOR FWD, FWD MAMBO PUSH HIP BACK

2&3                      Kick LF, Step LF next to RF, Point RF to R pull both shoulders backward opening chest 12:00  
4                      Pop shoulders forward (closing chest) 12:00  
5&6                      Turn ¼R stepping RF behind LF, Step LF to L, Step RF fwd 3:00  
7&8                      Rock LF fwd, Recover on RF, Step LF next to RF bending over slightly at waist and pushing hips back (weight on LF) 1:30

## SET 4: CROSS SIDE, BEHIND SIDE CROSS ROCK, RECOVER, 1/4R FWD, 1/4R POINT, DRAG BALL

1-2                      Cross RF over LF, Step LF to L, 1:30  
3&4                      Cross RF behind LF, Step LF to L, Cross rock RF over LF diag 3:00  
5-6                      Recover LF, ¼R stepping RF fwd 6:00  
7                      ¼R on RF point LF L 6:00  
8&                      Drag LF in (8), Step on LF ball 9:00

Tag: On 7th Wall (facing 6:00), do this 16 counts tag followed by Set 3 & 4 of the main dance

For arm motions, please refer to video. It's not as hard as it seems to be!

## SET A: STEP HOLD, ½L PIVOT HOLD, STEP HOLD, ½L PIVOT HOLD

1-4                      Step RF fwd, Hold, ½L shifting weight on LF, Hold (open both arms from top to sides) 12:00  
5-8                      Step RF fwd, Hold, ½L shifting weight on LF, Hold (open both arms from top to sides) 6:00

## SET B: SWAY RIGHT, SWAY LEFT, SWAY RIGHT, SIT

1-2                      Step RF to R and sway to R (Raise R arm to R side – shoulder level) 6:00  
3-4                      Sway to L (L hand touch R arm and swing both arms to the left – shoulder level) 6:00  
5-6                      Sway to R (With R hand still on L arm, now swing both arms over the top of head) 6:00  
7-8                      Continue arms until L elbow is bent with L hand touch R shoulder & R hand reaches hip 6:00  
1                      Sit on R hip

Then continue the dance with Set 3 and Set 4.

SPECIAL THANKS to Jennifer Choo for suggestions and motivation to finish this dance.

Contact - Email: [jemin2306@gmail.com](mailto:jemin2306@gmail.com)

