

Little Heartbeat

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Julie Lockton (ES) & Laura Hilbert (UK) - May 2013
音乐: Heartbeat (feat. Nicole Scherzinger) - Enrique Iglesias



Recommended split floor dance:

HEARTBEAT - Julie Lockton (Spain) & Laura Hilbert (UK)
64 Count / 4 Wall Intermediate (2 restarts and 1 easy "hold" tag)

SIDE HOLD AND SIDE STEP - GRAPEVINE RIGHT TOUCH

1,2&3,4 Step right to right side, hold, step left to right, step right to right side, step left to meet right
5,6,7,8 Step right to right side, step left behind right, step right to right side, touch left to right

SIDE HOLD AND SIDE STEP - GRAPEVINE LEFT TOUCH

1,2&3,4 Step left to left side, hold, step right to left, step left to left side, step right to left
5,6,7,8 Step left to left side, step right behind left, step left to left side, touch right to left

STEP FORWARD HOLD AND STEP TOUCH – SHUFFLE BACK LEFT SHUFFLE BACK RIGHT

1,2&3,4 Step forward on the right, hold, step left to meet right, step forward on right, touch left with right
5&6 Step left back, step right to meet left, step left back
7&8 Step right back, step left to meet right, step right back

POINT LEFT BACK, HALF TURN OVER LEFT, KICK BALL CHANGE, JAZZ BOX

1,2,3&4 Point left toes back, turn half over left shoulder to 6 o/c, kick right foot forward, step on right, step onto left
5,6,7,8 Cross right over left, step back on left, step right to right side, step left next to right

END OF DANCE!

TAG: END OF WALL 11 – Small tag
"Hold" for the count of 4 beats.

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