

# All Alone

COPPER KNOB  
STEPSHETS

拍数: 32      墙数: 4      级数: Improver / Intermediate  
编舞者: Tony Myers (UK) - May 2013  
音乐: All Alone - Fun.



## Intro 16 Counts on Vocals

### Coaster Step: Behind, Turn, Step: Side Rock, Recover: Cross Shuffle

1&2      Step back on left (1) Step right with left (&) Step forward on left (2)  
3&4      Step right behind left (3) Turn ¼ left step forward on left (&) Step forward on right (4) (9:00)  
5 6      Rock left to side (5) Recover on right (6)  
7&8      Cross left over right (7) Step right to side (&) Cross left over right (8)

### Shuffle ½ Turn: Heel & Heel: Side Chasse: Cross, Turn, Heel

1&2      Turn ¼ right step right to side (1) Step left next right (&) Turn ¼ right step forward on right (2) (3:00)  
3&4&      Dig left heel diagonally forward (3) Step left to right (&) Dig right heel diagonally forward (4) Hitch right (&)  
5&6      Step right to side (5) Step left next to right (&) Step right to side (6)  
7&8      Cross left over right (7) Turn ¼ left step back on right (&) Dig left heel diagonally forward (8) (12:00) #

### & Cross, Side: Sailor Step: Skate, Skate: Step, Turn, Step

&12      Step down on left (&) Cross right over left (1) Step left to side (2)  
3&4      Step right behind left (3) Step left to side (&) Step right to side (4)  
5 6      Skate forward on left (5) Skate forward on right (6)  
7&8      Step forward on left (7) Pivot ½ turn right (&) Step forward on left (8) (6:00)

### Turn & Cross: Point & Point: Mambo Turn: Kick Ball Cross

1&2      Step forward on right (1) Pivot ¼ left (&) Cross right over left (2) (3:00)  
3&4      Point left to side (3) Step left with right (&) Point right to side (4)  
5&6      Rock forward on right (5) Recover on left (&) Turn ½ right step forward on right (6) (9:00)  
7&8      Kick left forward (7) Step on left (&) Cross right over left (8)

### RESTARTS:-

# After 16 counts on wall 3 Restart facing 6:00

# After 16 counts on wall 7 add 4 count Tag and Restart facing 9:00

Add Tag at end of wall 4 facing 3:00

TAG. Clap for 4 counts (or whatever you want for 4 counts)

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