

The Teaser

拍数: 56 墙数: 1 级数: Phrased High Beginner - Fun dance
编舞者: Karen Holtom (UK) - April 2013
音乐: The Stripper - David Rose Project Orchestra



8 count intro

Sequence: A, A, B, A, B, A

PART A

Section 1: Grapevine Right, Touch, Left Heel Hitches x 2

1-4 Step right to right side, step left behind right, step right to right side, touch left next to right.
5-8 Left heel forward, hitch x 2

Section 2: Grapevine Left, Touch, Right Heel Hitches x 2

1-4 Step left to left side, step right behind left, step left to left side, touch right next to left
5-8 Right heel forward, hitch x 2

Section 3: Right diagonal forward, Touch, Left diagonal back, Touch Right diagonal back, Touch, Left diagonal forward, Touch

1-2 Step forward right to right diagonal, tap left next to right,
3-4 Step back left on left diagonal, tap right next to left
5-6 Step back on right diagonal, tap left next to right
7-8 Step forward on left, tap right next to left

(Optional shoulder shimmies forward and backwards in this section)

Section 4: Walk, Walk, Walk, Kick, Back, Back, Back, Touch

1-4 Walk forward right, left, right, kick left
5-8 Walk back left, right left, touch right alongside left.

PART B

Section 1: Step, Heel Dig, Step Heel Dig, Hip bumps

1-2 Step right to right side, left heel dig, turning body to left diagonal
3-4 Step left to left side, right heel dig, turning body to right diagonal
5,6,7,8 Bump hips right, left, right, left

Section 2: Step, Heel Dig, Step Heel Dig, Hip bumps

1-2 Step right to right side, left heel dig, turning body to left diagonal
3-4 Step left to left side, right heel dig, turning body to right diagonal
5,6,7,8 Bump hips right, left, right, left

(Hip bumps in these two sections may be exaggerated in a 'raunchy' way to suit the music!)

Section 3: ¼ Paddle Turns x 4

1-2 Step forward on right, pivot ¼ turn left
3-4 Step forward on right, pivot ¼ turn left
5-6 Step forward on right, pivot ¼ turn left
7-8 Step forward on right, pivot ¼ turn left, flick right behind.

PLEASE FEEL FREE TO INCLUDE AS MUCH 'ATTITUDE' AND 'RAUNCH' AS YOU SEE FIT!

Thanks to Grantham U3A Linedance Group and Rippingale & District Women's Institute for being my guinea pigs in testing out this dance!