

Sober

拍数: 32 墙数: 2 级数: Beginner
编舞者: Jeni Bradshaw (UK) - May 2013
音乐: Tornado - Little Big Town : (Album: Sober)



16 count intro - No Tags, No Restarts

Section 1: Right forward rock recover, right shuffle back, left back rock recover, left forward shuffle

1-2 Rock forward on right (R). Recover onto left (L).
3&4 Step R back. Close L beside R. Step R back.
5-6 Rock back on L. Recover onto R.
7&8 Step L forward. Close R beside L. Step L forward

Section 2: Stomp right forward, 2 heel bounces ¼ turn left, touch, Stomp left forward, 2 heel bounces ¼ turn right, touch

1-4 Stomp R forward bounce heels twice while making a ¼ turn L touch L next to R
5-8 Stomp L forward bounce heels twice while making a ¼ turn R touch R next to L

Section 3: Right forward rock recover, triple full turn right (or right coaster step), left forward rock recover, left triple ½ turn

1-2 Rock forward on R. Recover onto L.
3&4 Triple full turn R, stepping - R, L, R

Option 3&4: Replace triple full turn with a coaster step - Step R back. Step L beside R. Step R forward

5-6 Rock forward on L. Recover onto R
7&8 Triple step 1/2 turn L, stepping - L, R, L.

Section 4: Cross, side, sailor step, cross, side, behind, side, cross

1-2 Cross R over L. Step L to L side
3&4 Cross R behind L. Step L to L side. Step R to place.
5-6 Cross L over R step R to R side
7&8 Step L behind R, step R to R side, step L crossing in front of R

Ending: Cross R over L unwind ½ turn L to face the front

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