

All That I Can Be!

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Sandy Kerrigan (AUS) - May 2013
音乐: You Raise Me Up (The Voice 2013 Performance) - Harrison Craig : (iTunes)



**** This dance is dedicated to my beautiful Mother Elizabeth! ****

Rock Fwd L, Rock Fwd R, ¼ R with Weave to Right Side, Cross Rock

1 2 & 3 4 Rock Fwd L, Rep to R, Step L next to R, Cross Rock R over L, Rep to L
& 5 & 6 ¼ R-Step R to R Side, Cross L over R, Step R to R, Cross L behind R
& 7 8 Step R to R Side, Cross Rock L over R, Rep Back R 3:00

Ball Cross, ¼, ¼, Cross, ¼, ½, ¼ Rock Turn, Cross, Side Rock, Cross

& 1 2 & Ball of L to L Side, Cross R over L, Turn ¼ R-Step Back on L, ¼ R-Step R to R
3 4 & Cross L over R, Turning ¼ L-Step Back on R, ½ L-Step Fwd L 12:00
5 & 6 Turning ¼ L-Rock R to R Side, Rep to L, Cross R over L
7 & 8 Rock L to L Side, Rep to R, Cross L over R 9:00

Ball Cross, Sweep Cross, Ball Cross, Sweep Cross, Side, Back Rock Step, Side, ½ Hinge R, Side Rock

& 1 2 Ball of R to R side, Cross L over R, Sweep R to Cross over L
& 3 4 Ball of L to L Side, Cross R over L, Sweep L to Cross over R
& 5 6 Step R to R Side, Rock Back on L, Rep Fwd to R
& 7 8 Step L to L Side, ½ Side Hinge Turn R-Rock R to R Side, Rep to L Side 3:00

½ Side Hinge Turn, Step Side, Back Rock, ¼ Back, 1/2 Fwd, ½ Back, ½ Fwd, Rock with ½ Turn, Rock With ¼ Turn, Tog

& 1 2 ½ Side Hinge Tuning L/Rock R to R Side, Rock Back on L, Rep to R
& 3 & Turning ¼ R-Step Back on L, ½ R-Step Fwd R, ½ R-Step Slightly Back on L
4 5 6 & ½ R Step Fwd R 6:00, Rock Fwd L, Rep Back to R, ½ Turn L- Step Fwd L
7 8 & Rock Fwd R, Rep Back to L, ¼ R-Step R next to L 3:00

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