

Off The Chain

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Beginner

编舞者: Anne Herd (AUS) - April 2013

音乐: Off the Chain - Selena Gomez & The Scene : (CD: A Year Without Rain - iTunes
- 4:02)



Moving CCW (No Tags/Restarts)

Walk Forward X 3 Touch. Back Touch Forward Touch

1-2-3-4 Walk forward stepping R L R. Touch L beside R

5-6-7-8 Step back on L, touch R beside L, Step Forward on R, Touch L beside R

Walk Back X 3, Touch. Hip Sway

1-2-3-4 Walk back stepping L R L. Step R to side as you sway hips R L R L

5-6-7-8 Step L to side as you sway hips L R L. Touch R beside L.

Side Together Side Touch. Side Together ¼ Touch

1&2-3-4 Step R to side. Step L beside R. Step R to side. Touch L beside R

5&6-7-8 Step L to side. Step R beside L. Step L to side. Touch R beside L.

V Step X 2

1-2-3-4 Step R foot forward to R Diagonal, Step L foot forward to L Diagonal, step r back to centre, step L back to centre.

5-6-7-8 Step R foot forward to R Diagonal, Step L foot forward to L Diagonal, step r back to centre, step L back to centre.

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