

Dame de Eso

拍数: 48

墙数: 4

级数: Improver / Easy Intermediate -
samba



编舞者: Amund Storsveen (NOR) - May 2013

音乐: Dame de Eso - Carlos Baute

A special thank you to Marianne Lavik for good ideas and advices!
Dedicated to the hard-working people at Fløyenrock, Bergen, Norway May 2013

32 count into (start after 20 seconds).

WALK R, L, R LOCK STEP, VOLTA STEP x 4 MAKING A FULL TURN RIGHT

- 1-2 Step right forward (1), step left forward (2)
3&4 Step right forward (3), lock left behind right (a), step right forward (4)
&5&6 Step on left (&), cross right over left (5), step on left (&), cross right over left (6)
&7&8 Step on left (&), cross right over left (7), step on left (&), cross right over left (8)

(Complete a full turn clockwise in a small circle during counts &5&6&7&8, starting at 6 o'clock facing the center of the clock. Styling: Arms out to the sides, elbows slightly bent, palms facing upwards)

LEFT BOTA FOGO, RIGHT BOTA FOGO (SAMBA STEPS), STEP LEFT FORWARD, PIVOT ½ TURN RIGHT, L SHUFFLE FORWARD WITH A FULL TURN RIGHT

- 1&2 Cross left over right (1), rock right to right side (&), recover weight left (2)
3&4 Cross right over left (3), rock left to left side (&), recover weight right (4)
5-6 Step left forward (5), pivot ½ turn right (6)
7&8 Make ½ turn right stepping back on left (7), make ½ turn right stepping forward on right (&), step left forward (8)

(Easier option for count 7&8: Shuffle forward left, right, left)

WALK R, L, R LOCK STEP, VOLTA STEP x 4 MAKING A FULL TURN RIGHT

- 1-2 Step right forward (1), step left forward (2)
3&4 Step right forward (3), lock left behind right (&), step right forward (4)
&5&6 Step on left (&), cross right over left (5), step on left (&), cross right over left (6)
&7&8 Step on left (&), cross right over left (7), step on left (&), cross right over left (8)

(Complete a full turn clockwise in a small circle during counts &5&6&7&8, starting at 6 o'clock facing the center of the clock. Styling: Arms out to the sides, elbows slightly bent, palms facing upwards)

LEFT BOTA FOGO, RIGHT BOTA FOGO (SAMBA STEPS), STEP LEFT FORWARD, PIVOT ¼ TURN RIGHT, L CROSS SHUFFLE

- 1&2 Cross left over right (1), rock right to right side (&), recover weight left (2)
3&4 Cross right over left (3), rock left to left side (&), recover weight right (4)
5-6 Step left forward (5), pivot ¼ turn right (6)
7&8 Cross left over right, step right next to left (&), cross left over right (8)

ROCK RIGHT FOOT RIGHT, RECOVER LEFT, R BEHIND-SIDE-CROSS, MAMBO LEFT, MAMBO RIGHT

- 1-2 Rock right to right side (1), recover weight left (2)
(Optional arm styling: Right arm to right side (1), pull right arm in towards head (2))
3&4 Cross right behind left (3), step left to left side (&), cross right over left (4)
(Optional arm styling: Right hand clockwise over/around head from left to right side)
5&6 Rock left to left side (5), recover weight right (&), step left next to right (6)
7&8 Rock right to right side (6), recover weight left (&), step right next to left (8)

ROCK LEFT FOOT LEFT, RECOVER RIGHT, L BEHIND- SIDE-CROSS, MAMBO RIGHT, MAMBO LEFT

- 1-2 Rock left to left side (1), recover weight right (2)
(Optional arm styling: Left arm to left side (1), pull left arm in towards head (2))

3&4 Cross left behind right (3), step right to right side (&), cross left over right (4)
(Optional arm styling: Left hand anti-clockwise over/around head from right to left side)
5&6 Rock right to right side (5), recover weight left (&), step right next to left (6)
7&8 Rock left to left side (6), recover weight right (&), step left next to right (8)

Repeat. No tags, no restarts. Enjoy!

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