

Mexicoma

拍数: 32 墙数: 4 级数: High Improver
编舞者: Michael Diven (USA) - May 2013
音乐: Mexicoma - Tim McGraw



Intro: Pretty quick intro. Start dancing on the lyrics when he says "I'm sittin' here stoned...." then start dance.

Heel, Hook, Heel, Flick, Shuffle Forward, Heel, Hook, Heel, Flick, Shuffle Forward

- 1&2& Touch right heel forward, cross right foot over left shin, touch right heel forward, kick right foot back
- 3&4 Step right foot forward, step left foot next to right, step right foot forward
- 5&6& Touch left heel forward, cross left foot over right shin, touch left heel forward, kick left foot back
- 7&8 Step left foot forward, step right foot next to left, step left foot forward

Rock, Recover, ¼ Turn, Cross, Syncopated Weave, Side Step, Rock, Recover, Side Step, Rock, Recover

- 1&2& Rock forward on right foot, recover weight back to left foot, pivot ¼ turn right stepping right foot to right side, cross step left over right
- 3&4& Step right foot to right side, cross step left behind right, step right to right side, cross left foot over right
- 5-6& Step right foot to right side, rock back on left foot, recover weight on right foot
- 7-8& Step left foot to left side, rock back on right foot, recover weight on left foot

Toe Strut, Toe Strut, Mambo Step, Kick Ball, Point, Touch, Kick Ball, Point

- 1&2& Touch right toe forward, step down on right heel, touch left toe forward, step down on left foot
- 3&4 Rock forward on right foot, recover weight back to left foot, step right foot next to right
- 5&6& Kick left foot forward, step left foot next to right, touch right toe to right side, touch right toe next to left

Restart here on wall 3

- 7&8 Kick right foot forward, step right foot next to left, touch left toe to left side

Jazz Box, Mambo Step, Coaster Step, Step

- 1-4 Cross step left over right, step right foot to right side, step left to left side, step right next to left foot
- 5&6 Rock forward on left foot, recover weight back to right foot, step left foot next to right
- 7&8& Step back on right foot, step left foot next to right, step forward on right foot, step left next to right

REPEAT

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