

# Once In A Lifetime

拍数: 16      墙数: 4      级数: Beginner  
编舞者: Michael Diven (USA) - May 2013  
音乐: Once in a Lifetime - Craig David



Intro: 32 counts

## **CROSS, STEP, SYNCOPATED WEAVE, SIDE ROCK, RECOVER, SYNCOPATED WEAVE WITH TURN ¼ LEFT**

1-2            Cross left over, step right side  
3&4           Behind-side-cross left-right-left  
5-6           Rock right side, recover to left  
7&8           Cross right behind, turn ¼ left and step left forward, step right forward

## **ROCK, RECOVER, LOCK STEP BACK, BACK, TOUCH, BACK, TOUCH, RIGHT CHASSÉ**

1-2            Rock left forward, recover to right  
3&4           Locking chassé back left-right-left  
5&            Step right back, touch left together  
6&            Step left back, touch right together  
7&8           Chassé side right-left-right

**REPEAT**

This step sheet is provided by Dare 2 Dance Productions. Telephone: (717) 319-5514 or  
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