

Hello Goodbye!

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Josefine Johansson (SWE) - May 2013
音乐: Hello Goodbye - Erik Segerstedt, Tone Damli



Starts after 8 count intro [104 bpm - 3 mins, 5 seconds] - Dance turns counter clockwise

[1-8] Rock right forward, recover, triple full turn, rock left forward, shuffle half turn

1-2 Rock forward on right recover left
3&4 Triple step full turn right, stepping - right, left, right
5-6 Rock forward on left recover right
7&8 Turn 1/4 while stepping left to left side, right next to left (weight on right). Turn 1/4 while stepping left forward.

[9-16] Rock right forward, recover, 1/4 turn (back, side, cross), side, rock back recover

1-2 Rock forward on right recover left
3&4 Right back, turn a 1/4 at left, step left to side, cross right over left
5-6 Left to left side (a long step), hold
7-8 Drag right behind left, recover weight on left

[17-24] Chasse right, cross, full turn, chasse left, step back, turn 1/4 to left, step left forward

1&2 Step right to right side, step left next to right, step right to right side
3-4 Cross left over right, unwind full turn right (weight to/on right)
5&6 Step left to left side, step right next to left, step left to left side
7-8 Right back, turn 1/4 to left, left forward

[25-32] Step turn 1/4, cross chasse, step together, forward, hold

1-2 Step forward on right turn 1/4 to left
3&4 Cross right over left, step left to left, cross right over left
5-6 Step left to left, step together with right
7-8 Left forward, hold

[33-40] Walk right, step turn 1/4, cross, 3/4 pivot, rock right forward

1-2 Walk forward on right, step left forward
3-4 Turn 1/4 to right, weight on right, cross left over right
5-6 Step right back turn 1/4 to left, 1/2 pivot on right foot, step over to left foot
7-8 Rock right forward, recover

[41-48] Back shuffle, coaster step, Jazz box

1&2 Right back shuffle
3&4 Step back on left, right together, left forward
5,6,7,8 Cross right over left, step back left, step right to right side, left forward

TAG: Dance 48 count, till the end of wall 5.

1-2 Weight on left make a 1/2 step turn to left
3-4 1/4 step turn to left, weight on left, start over.

END: Final wall end after 16 count with a long step to right side.