

Let's Samba

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate / Advanced
编舞者: Darrel Winson (UK) - April 2013
音乐: Skip to the Bip - Club des Belugas



Intro: Approx 16 sec, start with the heavy beats

OUTSET (16 COUNTS)

PADDLE FULL TURN L WITH CHEST POP/HIP THRUST X2

- 1a2 Turn ¼ L touching R toes beside L foot, pop your chest or thrust your hips to R upward (9.00)
3a4 Turn ¼ L touching R toes beside L foot, pop your chest or thrust your hips to R upward (6.00)
5a6 Turn ¼ L touching R toes beside L foot, pop your chest or thrust your hips to R upward (3.00)
7a8 Turn ¼ L touching R toes beside L foot, pop your chest or thrust your hips to R upward (12.00)

Repeat the above set for one more time.

MAIN DANCE (64 COUNTS)

SEC 1: CROSS SAMBA X2, CROSS SHUFFLE, ½ L CROSS SHUFFLE

- 1a2 Cross R foot over L foot, rock L foot to L side, recover weight on R foot (12.00) – travelling forward
3a4 Cross L foot over R foot, rock R foot to R side, recover weight on L foot (12.00) – travelling forward
5a6 Cross R foot over L foot, step L foot to L side, cross R foot over L foot (12.00)
7a8 Turn ½ L over L shoulder and cross L foot over R foot, step R foot to R side, cross L foot over R foot (6.00)

SEC 2: SAMBA WHISK X2, FULL TURN R VOLTA

- 1a2 Step R foot to R side, rock L foot behind R foot, recover weight on R foot (6.00)
3a4 Step L foot to L side, rock R foot behind L foot, recover weight on L foot (6.00)
5a6a7a8 Turn ¼ R stepping R foot forward, lock L foot behind R foot, turn ¼ R stepping R foot forward, lock L foot behind R foot, turn ¼ R stepping R foot forward (6.00) ***It is like making a full turn R curve***

SEC 3: MAMBO STEPS, BOTAFOGO, SIDE CHASSE

- 1a2 Rock L foot forward, recover weight on R foot, step L foot beside R foot (6.00)
3a4 Rock R foot backward, recover weight on L foot, step R foot beside L foot (6.00)
5a6 Rock L foot to L side, recover weight on R foot, cross L foot over R foot (6.00)
7a8 Step R foot to R side, step L foot beside R foot, step R foot to R side (6.00)

SEC 4: PROGRESSIVE CHASSE TURN L, BACK BOOTY POPPING, ¼ TURN R AND TOUCH

- 1a2a Cross L foot over R foot, step R foot to R side, turn 1/8 L stepping L foot back, lift up R knee (4.00)
3a4 Cross R foot behind L foot, turn 1/8 L stepping L foot forward, step R foot forward (3.00) – weight on R foot
&a5 Step and rock L foot back, step and rock R foot forward, step L foot back while popping R knee forward (3.00)
&a6 Step and rock R foot back, step and rock L foot forward, step R foot back while popping L knee forward (3.00)
&a7 Step and rock L foot back, step and rock R foot forward, step L foot back while popping R knee forward (3.00)

Booty shaking can be applied on these steps. (&a5, &a6, &a7)

Easier option: Do back popping

- a8 Turn ¼ R stepping R foot to R side, touch L toes beside R foot (6.00)

SEC 5: KICK BALL TOUCH, FULL TURN SPIN R, HITCH BALL BACK ROCK X2

- 1a2 Kick L foot forward, step L foot in place, point R toes to R side (6.00)
- 3a4 Turn ¼ R stepping R foot forward, turn ½ R stepping L foot back, turn ¼ R stepping R foot to R side (6.00)
- 5a6a Lift L knee up, step back L foot, rock R foot back, recover weight on L foot (6.00)
- 7a8a Lift R knee up, step back R foot, rock L foot back, recover weight on R foot (6.00)

SEC 6: ½ TURN L VOLTA, SYNCOPATED CROSSING SHUFFLE, HITCH

- 1a2a3a4 Turn 1/8 L stepping L foot forward, lock R foot behind L foot, turn 1/8 L stepping L foot forward, lock R foot behind L foot, turn 1/8 L stepping L foot forward, lock R foot behind L foot, turn 1/8 L stepping L foot forward (12.00) ***It is like making a ½ turn L curve***
- 5a6a7a8a Cross R foot over L foot, step L foot to L side, cross R foot over L foot, step L foot to L side, cross R foot over L foot, step L foot to L side, cross R foot over L foot, lift L knee up (12.00) – travelling to L side

Optional: Shimmy your shoulders as doing the syncopated crossing shuffle.

SEC 7: FULL TURN L DIAMOND STEPS

- 1a2a Cross L foot over R foot, step R foot to R side, turn 1/8 L stepping L foot back, lift up R knee (10.00)
- 3a4a Cross R foot behind L foot, turn ¼ L stepping L foot forward, step R foot forward, lift L knee up (7.00)
- 5a6a Cross L foot over R foot, turn ¼ L stepping R foot to R side, step L foot back, lift up R knee (4.00)
- 7a8a Cross R foot behind L foot, turn ¼ L stepping L foot forward, step R foot forward, lift L knee up (1.00)

SEC 8: 1/8 L TURN, CORTA JACA, CROSS WEAVE, ¼ TURN R, PIVOT ¼ TURN R, STEP AND HITCH

- 1a2a Turn 1/8 L rocking L heel forward, recover weight on R foot, rock L foot back, recover weight on R foot (12.00)
- 3a4a Rocking L heel forward, recover weight on R foot, rock L foot back, recover weight on R foot (12.00)
- 5a6a Cross L foot over R foot, step R foot to R side, cross L foot behind R foot, turn ¼ R stepping R foot forward (3.00)
- 7a8a Step L foot forward, turn ¼ R, step L foot forward, lift R knee up (6.00)

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