

Forever Amen

拍数: 32 墙数: 4 级数: Improver
编舞者: Jodie Lavinia Cope (UK) - April 2013
音乐: Forever and Ever, Amen - Randy Travis



Count in – Begin on vocals.

Walk Right, Left, Right Shuffle, Left Shuffle, Rock and ¼ Right.

- 1 – 2 Walk forward right(1), Left(2)
- 3 & 4 Step forward on right(3), Step left next to right(&), Step forward on right(4),
- 5 & 6 Step forward on left(5), Step right next to left(&), Step forward on left(6).
- 7 & 8 Rock forward on right(7), Recover weight onto left(&), Make a ¼ turn right stepping right foot to right side(8).(facing 3 o'clock)

Behind, Side, Cross, Side, Close, Step forward, Forward Mambo step.

- 1 & 2 Step left foot behind right(1), Step right to right side(&), Cross left foot over right(2).
- 3 Step right to right side(3).
- 4 & 5 Cross left behind right(4), Step right to right side(&), Cross left over right(5),
- 6 & 7 Step right to right side(6), Step left in place next to right(&), Step forward on right(7).
- 8 & Rock forward on left(8), Recover on right(&).

Walk back right, Left, Right Coaster step, Forward Left shuffle, Rock Forward on right.

- 1 Step left next to right(1).
- 2 – 3 Walk back right(2), Left(3).
- 4 & 5 Step back on right(4), Step left in place next to right(&), Step forward on right(5).
- 6 & 7 Step forward on left(6), Step right next to left(&), Step forward on left(7).
- 8 Rock forward on right(8),

Recover, 1/2 turn right shuffle, Cross, Side, Behind, Side, Cross, Side, Together

- 1 Recover weight back onto left foot(1),
- 2 & 3 Make ½ turn right stepping forward on right(2), Step left next to right(&), Step forward on right(3).(face 9 o'clock)
- 4 – 5 Cross left over right(4), Step right to right side(5),
- 6 & 7 Cross left behind right(6), Step right to right side(&), Cross left over right(7),
- 8 & Step right to right side(8), Step left in place next to right(&).

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