

Downtown at 2

拍数: 40 墙数: 2 级数: Improver
编舞者: Jamie Marshall (USA) & Earleen Wolford (USA) - April 2013
音乐: Downtown - Lady A



A. STEP, ROCK, RECOVER, TRIPLE R, ROCK RECOVER, SWEEP TURNING ¼ L, STEP TOGETHER, FORWARD

1,2,3 Step L to L (1), Rock R forward (2), Recovery onto L (3)
4&5 Step R to R (4), Step L next to R (&), Step R to R (5)
6,7 Rock L forward (6), Recover onto R (7) (12:00)
8&1 Sweep L, turning ¼ L, taking weight (8), Step R next to L (&), Step L forward (1) (9:00)

B. ROCK, RECOVER, WALK, WALK, R BACK TRIPLE, L COASTER

2,3 Rock R forward (2), Recover onto L (3)
4,5 Step R back (4), Step L back (5)
6&7 Step R back (6), Step L next to R (&), Step R back (7)
8&1 Step L back (8), Step R next to L (&), Step L forward (1) (9:00)

C. STEP, TOUCH, STEP, TOUCH, TRIPLE ¼ R, CHASE TURN, TRIPLE TURN

2&3& Step R to R (2), Touch L next to R (&), Step L to L (3), Touch R next to L (4)
4&5 Step R to R (4), Step L next to R (&), Turn ¼ R, stepping R forward (5) (12:00)
6&7 Step L forward (6), Turn ½ R, stepping R forward (&), Step L forward (prep to L for turn) (7) (6:00)
8&1 Turn ½ L, stepping R back (8), Turn ½ L, stepping L forward (&), Step R forward (1) (6:00)

D. ROCK, RECOVER, ¼ TRIPLE, ROCK, RECOVER STEP, DOWNWARD BODY ROLL

2,3 Rock L forward (2), Recover onto R (3)
4&5 Turn ¼ L, stepping L to L (4), Step R next to L (&), Step L to L (5) (3:00)
6&7 Rock R back (6), Recover onto L (&), Step R next to L (7)
8,1 Two count body roll down (8), (taking weight onto L) (1) (3:00)

E. SKATE, SKATE, TURNING ¼ L, TAP, STEP, TURN ½ L, TAP R, STEP, STEP

2,3 Skate R (2), Skate L, turning ¼ L (3) (12:00)
4,5 Touch R forward, bumping hip forward (4), Step R in place (5)
6,7 Turn ½ L, touching L forward, bumping hip forward (6), Step L in place (7) (6:00)
8 Step R next to L (8) (6:00)

TAG: STEP, ROCK, RECOVER, TRIPLE R, ROCK, RECOVER, TRIPLE L

1,2,3 Step L to L (1), Rock R forward (2), Recover onto L (3)
4&5 Step R to R (4), Step L next to R (&), Step R to R (5)
6,7 Rock L forward (6), Recover onto R (7)
8& Step L to L (8), Step R next to L (&)

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Last Revision - 21st May 2013