

Liquid Lunch

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Sebastiaan Holtland (NL) - April 2013
音乐: Liquid Lunch - Caro Emerald : (Album: The Shocking Miss Emerald 2013)



Start dancing at (15 sec) at the vocals`

Sec 1: [1-8] R Dorothy Step, ¼ R, Side Rock, Recover, Sailor Point Fwd, Replace, Point L, ¼ R, & Heel, Replace.

- 1,2& Step Rt slightly diagonal fwd, lock Lt behind Rt, step Rt slightly diagonal fwd.
- 3-4 Turn ¼ right (3) rock Lt to the left, recover on Rt.
- 5&6& Step Lt behind Rt, step Rt to the right, point Lt fwd, step Lt back in place.
- 7&8& Point Rt out to right, turn ¼ right (6) step Rt next to Lt, touch Lt heel forward, step Lt back in place.

Sec 2: [9-16] Syncopated Rocks Fwd R-L, Step Back, Hold, & Step Back, ¼ R, Knee Lift R.

- 1-2& Rock Rt forward, recover on Lt, step Rt beside Lt.
- 3-4 Rock Lt forward, recover on Rt.
- 5-6 Step Lt slightly back, Hold.
- &7-8 Step Rt beside Lt, step Lt slightly back, turn ¼ right (9) Lift R knee up.

Sec 3: [17-24] Behind, Point L, L Heel Grind ¼ L, Together, Step, Hold, & Step, Step.

- 1-2 Step Rt behind Lt, point Lt out to left.
- 3-4 Heel grind with Lt (toes from right to left) turn ¼ left (6), step Rt slightly back.
- &5-6 Step Lt next to Rt, step Rt forward, Hold.
- &7-8 Step Lt beside Rt, step Rt forward, step Lt forward.

Sec 4: [25-32] Pivot ½ L, ½ L, Back, ¼ L, Side, Cross Rock, Recover, R Side Jump, Hold.

- 1-2 Step Rt forward, turn ½ left (12) take weight onto Lt.
- 3-4 Turn ½ left (6) step Rt back, turn ¼ left (3) step Lt to the left.
- 5-6 Rock Rt across Lt, recover on Lf.
- &7-8 Small jump to the right, touch Lt next to Rt, Hold. (3:00)

Sec 5: [33-40] Side Rock, Recover, ¼ Turning Sailor to R, Step Heel Swivel R, Kick & Heel.

- 1-2 Rock Lt to the left, recover on Rt.
- 3&4 Step Lt behind Rt, turn ¼ right (6) step Rt to the right, step Lt slightly forward.
- 5&6 Step Rt slightly forward, with R toes on the floor swivel R heel out, swivel R heel in weight onto Lt
- 7&8 Kick Rt forward, step Rt back in place, touch L heel forward. (6:00)

Sec 6: [41-48] Side Rock, Recover, ¼ L, Side, Touch, & Heel, Hold, & Heel, Hold.

- 1-2 Rock Lt to the left, recover on Rt.
- 3-4 Turn ¼ left (3) step Lt to the left, touch Rt next to Lt.
- &5-6 Step Rt to the slightly to right, touch Lt heel diagonal fwd, Hold.
- &7-8 Step Lt slightly to left, touch Rt heel diagonal fwd, Hold. (3:00)

Start again and have fun!

Tag: at the end of WALL 2, after 48 count, (6 o'clock) after Tag - Start again (9 o'clock).

- 1-8 Step, ¼ R, Side, Back, Hook, Step, Side, Sailor Step.
- 1-4 Step Rt forward, turn ¼ right step Lt to the left, step Rt back, hook Lt up across Rt.
- 5-6 Step Lt forward, step Rt to the right.
- 7&8 Step Lt behind Rt, step Rt to the right, step Lt slightly forward.

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