# Dance With Miss 600



拍数: 48 墙数: 2 级数: Intermediate

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Intro: 16 Counts

## Travelling Sugar Foots, Shuffle Forward, Step ½ Turn R

1 Step forward on right ball – heel pointing inside (3. FP), turn r
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weight on RF,

2 step forward on left ball – heel pointing inside (3. FP), turn left heel outside and take weight

on LF,

3-4 repeat 1-2,

5 & 6 step forward on RF, step LF to RF, step forward on RF,

7 – 8 step forward on LF, ½ turn right keeping weight on RF,

## Shuffle Forward, Spiral Turn L, Shuffle Forward, Step 1/4 Turn L

1 & 2 step forward on LF, step RF to LF, step forward on LF,

3 – 4 step forward on RF (5. FP), full turn left (keep weight on RF, ending LF crossed in front of

RF),

5 & 6 step forward on LF, step RF to LF, step forward on LF,

7 – 8 step forward on RF, ¼ turn left keeping weight on LF,

(Restart during wall 6 and ending) during wall 9)

### Touch Side Heel Bounces, & Cross, Point, Together, Point

1 – 4 touch right toes slightly to right and bounce right heel 4 x,

& 5 step RF next to LF, cross LF over RF,

6 – 8 point right toes to right, step RF next to LF, point left toes to left,

### 1/2 Turn L Point, 1/2 Turn R Point, Squat 1/4 Turn R, Heel Ball Cross

1 – 2	step down on LF, ½ turn left and point right toes to right,
<b>a</b>	

3 – 4 step down on RF, ½ turn right and point left toes to left,

5 – 6 step down on LF bend both knees (squat), ¼ turn right drag RF to LF (keep weight on LF),

7 & 8 touch right heel forward, step right ball next to LF, cross LF over RF,

#### Point & Heel & Heel & Point, & Step Bounce 1/2 Turn L

1&2&	point right toes to right, step RF next to LF, touch left heel forward, step LF next to RF,
3&4&	touch right heel forward, step RF next to LF, point left toes to left, step LF next to RF,
5 – 8	step forward on RF, ½ turn left on both balls bouncing both heels 3 x (shift weight on LF),

#### Cross Unwind ½ Turn L, Cross Unwind ½ Turn R, Side Drag, Touch Behind ½ Turn L

1 – 2	cross RF over LF, ½ turn left,

3 – 4 cross LF over RF, ½ turn right,

5 – 6 big step to right on RF, drag LF towards RF,

7-8 cross left ball behind RF,  $\frac{1}{2}$  turn left and keep weight on LF.

#### Start again.

Restart: Dance wall 6 until Count 16, then start from the beginning. You will now dance to the 9 and 3 o'Clock walls.

Ending: The dance ends during wall 9 after count 16 on the 12 o'Clock wall. Step forward RF and pose.

