

Afterglow

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Beginner
编舞者: Rene & Reg Mileham (UK) - April 2013
音乐: Afterglow - The Bellamy Brothers : (CD: Redneck Girls Forever)



32 count Intro

Section 1: Right Grapevine, touch. Left Grapevine, touch

1 – 2 Step Right to right side, step Left behind Right
3 – 4 Step Right to right side, touch Left next to Right
5 – 6 Step Left to left side, step Right behind Left
7 – 8 Step Left to left side, hold

Section 2: Sway, Right, Left, Right touch. Sway, Left, Right, Left, touch

1 – 2 Sway Right, sway Left
3 – 4 Sway Right, touch Left to Right
5 – 6 Sway Left, sway Right
7 – 8 Sway Left, touch Right to Left

Section 3: Forward Rumba Box (with Shuffles)

1 – 2 Step Right to right side, close Left to Right
3 & 4 Right shuffle forward
5 – 6 Step Left to left side, close Right to Left
7 & 8 Left shuffle back

Section 4: Step, hold. Diag. rock, recover. Repeat to left

1 – 2 Step Right out to right side, hold
3 – 4 Angle body 90° (9.00) rock Left behind Right, recover onto Right facing front (12.00)
5 – 6 Step Left out to left side, hold
7 – 8 Angle body 90° (3.00) rock Right behind Left, recover onto Right facing front (12.00)

Section 5: Grapevine making 2 x ¼ turns. Step, touch, step, touch

1 – 2 Step Right to right side, step Left behind Right
3 – 4 Step Right fwd making ¼ turn right (3.00), step Left to left side making ¼ turn right (6.00)
5 – 6 Step Right to right side, touch Left to Right
7 – 8 Step Left to left side, touch Right to left

Section 6: Backward Rumba box (with shuffles)

1 – 2 Step Right to right side, close Left to Right
3 & 4 Right shuffle back
5 – 6 Step Left to left side, close Right to Left
7 & 8 Left shuffle forward

Section 7: Rock fwd, hold 2 walks back (L,R). Rock back, hold, 2 walks fwd (R,L.)

1 – 2 Rock Right forward, hold
3 – 4 Walk back, back (L,R)
5 – 6 Rock Left back, hold
7 – 8 Walk forward, forward (R,L)

Section 8: ¼ Right Monterey turn. Jazz Box cross

1 Touch right to right side.
2 On ball of left pivot ¼ turn right stepping right beside left

- 3 – 4 Touch left to left side. Step left beside right.
- 5 - 6 Cross Right over Left, step Left back
- 7 - 8 Step Right out to right side, cross Left over Right (weight on Left)

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