

# Long Tall Sally

拍数: 48      墙数: 4      级数: Improver  
编舞者: Sébastien BONNIER (FR) - April 2013  
音乐: Long Tall Sally - Cagey Strings : (iTunes)



(Alt music: High Class Lady by The Lennerockers)

**[1-8] Stomp & Bounce R&L X2:**

1-4              Stomp R to R (spreading R hand to R side) & bounce R heel three times  
5-8              Stomp L to L (spreading L hand to L side) & bounce L heel three times

**[9-16] Walk X2, Run X4:**

1-4              Step R fwd, Hold, Step L, Hold  
5-8              Walk fwd R-L-R-L (with knees flexed)

**[17-24] Rock-Recover, Toe-Heel Struts Back X3:**

1-2              Rock-step R fwd, Recover on L  
3-6              Step R toe back, Step R heel to floor, Step L toe back, Step L heel to floor  
7-8              Step R Toe back, Step R heel to floor

**[25-32] Rock-Recover X3, Step, Touch:**

1-2              Rock-step L back, Recover on R  
3-4              Rock-step to L side, Recover on R  
5-6              Cross-rock L over R, Recover on R  
7-8              Step L to L side, Touch R beside L

**[33-40] Toe-Heel Jazz Box With 1/4 Turn R:**

1-2              Cross-step R to over L, Step R heel to floor starting 1/4 turn R  
3-4              Step L toe back, Step L heel to floor completing 1/4 turn R  
5-6              Step R toe to R side, Step R heel to floor  
7-8              Step L toe beside R, Step L heel to floor

**[41-48] Heel-Toe Swivels Plus Claps X2:**

1-2              Swivel both heels to R, Swivel toes to R  
3-4              Swivel heels to R, Clap  
5-6              Swivel heels to L side, Swivel toes to L  
7-8              Swivel heels to L, Clap

No tags...no restarts...Enjoy!

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