

# Because You Can

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Oli Geir (ICE) & Hugrun (ICE) - April 2013  
音乐: Because You Can - Hera Björk : (Album: Because You Can)



## 68 Counts Intro, Start on Vocals

Note: Watch the rhythms carefully on 4th wall on part B. Keep dancing on same speed until the beat hits in.

### Part A (Dance part A once)

#### Left Mambo Forward. Right Coaster Step.

1-4            Rock forward on Left. Rock back on Right. Step back on Left. Hold  
5-8            Step back on Right. Step Left beside Right. Step forward on Right. Hold

#### Left Shuffle Forward. Step Pivot Step, Full Turn Left.

1-4            Step forward on Left. Step Right beside Left. Step forward on Left. Hold.  
5-8            Step forward on Right. Pivot  $\frac{1}{2}$  turn Left. Turn  $\frac{1}{2}$  turn Left stepping back on Right. Hold.

#### Left Coaster Cross. Right Scissor Step.

1-4            Step back on Left. Step Right beside Left. Step Left across Right. Hold.  
5-8            Step Right to Right side. Step Left beside Right. Step Right across Left. Hold.

#### Left Scissor Step. Step Side, Behind, Forward $\frac{1}{4}$ Turn Right.

1-4            Step Left to Left side. Step Right beside Left. Step Left across Right. Hold.  
5-8            Step Right to Right side. Step Left behind Right. Turn  $\frac{1}{4}$  turn Right stepping forward on Right. Hold.

#### Step Pivot Step $\frac{3}{4}$ Turn Right. Step Behind, Side, Across, Sweep.

1-4            Step forward on Left. Pivot  $\frac{3}{4}$  turn Right. Step Left to Left side. Hold.  
5-6            Step Right behind Left. Step Left to Left side.  
7-8            Step Right across Left. Sweep Left from behind out and around.

#### Step Across, Side, Behind. Sweep. Step Behind, Side, Across. Sweep.

1-2            Step Left across Right. Step Right to Right side.  
3-4            Step Left behind Right. Sweep Right from front out and around.  
5-6            Step Right behind Left. Step Left to Left side.  
7-8            Step Right behind Left. Sweep Left from behind out and around.

#### Left Mambo Forward. Right Shuffle Back, Kick Across.

1-4            Rock forward on Left. Rock back on Right. Step back on Left. Hold  
5-6            Step back on Right. Step Left beside Right.  
7-8            Step back on Right. Kick Left across Right.

#### Step Side, Across, Side, Kick Side. Step Side, Across, Side, Kick Across.

1-2            Step Left to Left side. Step Right across Left.  
3-4            Step Left to Left side. Kick Right to Right side.  
5-6            Step Right to Right side. Step Left across Right.  
7-8            Step Right to Right side. Kick Left across Right. (Facing 12 o'clock)

### Part B (Danced to the end of song)

#### Chasse Left. Back Rock. Step Side, Hold. Step Together, Step Side. Back Rock.

1&2            Step Left to Left side. Step Right beside Left. Step Left to Left side.  
3-4            Rock back on Right. Rock forward on Left.

- 5-6 Step Right to Right side. Hold.  
&7-8 Step Left beside Right side. Step Right to Right side. Rock back on Left.

**Step Side. Right Sailor Step. Left Sailor Step. Step Pivot ½ Turn Left.**

- 1-2 Rock forward on Right. Step Left to Left side.  
3&4 Step Right behind Left. Step Left to Left side. Step Right in place.  
5&6 Step Left behind Right. Step Right to Right side. Step forward on Left.  
7-8 Step forward on Right. Pivot ½ turn Left. (Facing 6 o'clock)

**Chasse Right. Back Rock. Step Side, Hold. Step Together, Step Side. Back Rock.**

- 1&2 Step Right to Right side. Step Left beside Right. Step Right to Right side.  
3-4 Rock back on Left. Rock forward on Right.  
5-6 Step Left to Left side. Hold.  
&7-8 Step Right beside Left. Step Left to Left side. Rock back on Right.

**Step Side. Left Sailor Step. Right Sailor Step. Step Pivot ½ Turn Right.**

- 1-2 Rock forward on Left. Step Right to Right side.  
3&4 Step Left behind Right. Step Right to Right side. Step Left in place.  
5&6 Step Right behind Left. Step Left to Left side. Step forward on Right.  
7-8 Step forward on Left. Pivot ½ turn Right. (Facing 12 o'clock)

**Forward Rock. Chasse ½ Turn Left. Turn ¼ Turn Left Into Right Chasse. Reverse Pivot ½ Turn Left.**

- 1-2 Rock forward on Left. Rock back on Right.  
3&4 Step Left into Chasse ½ turn Left, stepping Left, Right, Left.  
5&6 Turn ¼ turn Left, stepping Right into chasse Right, Left, Right.  
7-8 Touch Left toe back. Reverse pivot ½ turn Left weight end on Left. (Facing 9 o'clock)

**Forward Rock. Chasse ½ Turn Right. Forward Rock. Chasse ½ Turn Left.**

- 1-2 Rock forward on Right. Rock back on Left.  
3&4 Step Right into chasse ½ turn Right, stepping Right, Left Right.  
5-6 Rock forward on Left. Rock back on Right.  
7&8 Step Left into chasse ½ turn Left, stepping Left, Right, Left. (Facing 9 o'clock)

**Step Pivot ½ Turn Left. Kick Across, Kick Side. Step Behind, Side, Cross. Side Rock.**

- 1-2 Step forward on Right. Pivot ½ turn Left. (Facing 3 o'clock)  
3-4 Kick Right across Left. Kick Right to Right side.  
5&6 Step Right behind Left. Step Left to Left side. Step Right across Left.  
7-8 Rock Left out to Left side. Recover onto Right.

**Step Behind, Side, Cross. Side Rock. Step Behind, Side, Forward. Step Pivot ½ Turn Right.**

- 1&2 Step Left behind Right. Step Right to Right side. Step Left across Right.  
3-4 Rock Right out to Right side. Recover onto Left.  
5&6 Step Right behind Left. Step Left to Left side. Step forward on Right.  
7-8 Step forward on Left. Pivot ½ turn Right. (Facing 9 o'clock)

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