

The Shining Light

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Winston Yew (SG) - March 2013
音乐: The Shining Light - Mr. Jam



Intro: 64 Counts [00:42]. On main vocals.

TAG: TO BE DANCED BEFORE WALL 1, AND AFTER WALLS 3 & 5 FACING 12:00, 3:00 & 9:00 RESPECTIVELY.

T§1 SHIIMMING SHOULDERS, SIDE ROCK CROSS, SIDE ROCK CROSS, PIVOT ¼ L

1 2 With feet shoulder width apart, shimmy shoulders for 2 counts
3&4 Rock R to R, Recover L, Cross R over L
5&6 Rock L to L, Recover R, Cross L over R
7 8 Step R fwd, Pivot ¼ L [9:00]

T§2 CHEST PUMPS, CROSS SAMBA, CROSS SAMBA, PIVOT ¼ L

1 2 Pump chest fwd twice
3&4 Cross R over L, Rock L to L, Recover R
5&6 Cross L over R, Rock R to R, Recover L
7 8 Step R fwd, Pivot ¼ L [6:00]

T§3 + T§4 Repeat T§1 + T§2 above. [12:00]

§1 SYNCOPATED JAZZ BOX, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE

1 2&3 4 Cross R over L, Step L back, Step R to R, Cross L over R, Step R to R
5&6 Cross rock L over R, Recover R, Step L to L
7&8 Cross rock R over L, Recover L, Step R to R

§2 FWD MAMBO, BACK MAMBO, SAMBA WHISKS

1&2 Rock L fwd, Recover R, Step L back
3&4 Rock R back, Recover L, Step R back
5&6 Step L to L, Rock R behind L, Recover L
7&8 Step R to R, Rock L behind R, Recover R

§3 SIDE ROCK, RECOVER, BEHIND SIDE CROSS, PIVOT ¼ L, KICK BALL CROSS

1 2 3&4 Rock L to L, Recover R, Cross L behind R, Step R to R, Cross L over R
5 6 7&8 Step R fwd, Pivot ¼ R, Kick R diag. R fwd, Step R beside L, Cross L over R [9:00]

§4 FULL R SPOT VOLTA TURN, FULL L ROLLING VINE, SIDE TOUCH

1&2&3&4 ¼ R step R fwd, Lock-step L behind R, ¼ R step R fwd, Lock L behind R, ¼ R step R fwd,
Lock L behind R, ¼ R step R fwd [9:00]

5 6 7 8 ¼ L step L fwd, ½ L step R back, ¼ L step L to L, Touch R to R [9:00]

Easy Option: 5678: Step L to L, Cross R behind L, Step L to L, Touch R to R.

REPEAT!