

Keep Hanging On

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Peter Jones (UK) & Anna Lockwood (UK) - April 2013
音乐: Like We Never Had a Broken Heart - Trisha Yearwood : (iTunes)



Also sung by "The Westons" 147 Bpm

Starts 16 counts in.

S1: Side, Behind, Recover, ¼ L, Forward Rock, Recover ½ R, Step ¼ R Cross, Side, Touch, Side.

1-2&3 Step R To R Side, Rock L Behind R, Recover Weight Onto R, Step ¼ L Stepping Forward Onto L.
4&5 Rock Forward Onto R, Recover Weight Back Onto L, Step ½ R Stepping Forward Onto R.
6&7 Step Forward Onto L, Pivot ¼ R Onto R, Cross L Over R.
8&1 Step R To R Side, Touch L Next To R, Step L To L Side.

S2: Behind, Recover, ¼ R, Forward Rock, Recover, ½ L, Step, ½ L, Step, Run L, R, L.

2&3 Rock R Behind L, Recover Weight Onto L, Step ¼ R Onto R.
4&5 Rock Forward Onto L, Recover Weight Onto R, Step ½ L Stepping Forward Onto L.
6&7 Step Forward Onto R, Pivot ½ L Onto L, Step Forward Onto R.
8&1 Run Forward L, R, L.

S3: ¼ R, Cross Shuffle, Side Rock, Recover, Cross Shuffle.

2-3&4 Pivot ¼ R Onto R, Cross L Over R, Step R To R Side, Cross L Over R.
5-6 Rock R To R Side, Recover Weight Onto L.
7&8 Cross R Over L, Step L To L Side, Cross R Over L.

S4: Sway L, R, Coaster Step, ½ L, Sailor Step, Step ½ L, Side ¼ L.

1-2 Step L To L Side Swaying Hips L, Step R To R Side Swaying Hips R.
3&4 Step Back Onto L, Step R Next To L, Step Forward Onto L.
5-6&7 Turn ½ L Stepping Back Onto R, Step L Behind R, Step R To R Side, Step L To L Side.
8&1 Step Forward Onto R, Pivot ½ L Onto L, Turn ¼ L (Stepping R To R Side).

Have fun and dance with a smile.

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