

Slip

拍数: 80 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK) - April 2013
音乐: Slip - Stooshe : (video download on iTunes)



Intro: 20 counts 15 secs

S1: STEP, HOLD & ROCK, ROCK, STEP, HOLD, BALL STEP, ½ PIVOT

1-2 Step forward right, HOLD
&3-4 Step left next to right, Rock forward on right pushing hips forward, Rock back on left pushing hips back
5-6 Step forward on right pushing hips forward, HOLD
&7-8 Step left next to right, Step forward on right, ½ pivot left [6:00]

S2: WALK, FULL TURN, SWEEP, CROSS, ¼, SIDE, POINT

1-2 Walk forward right, ½ right stepping back on left [12:00]
3-4 ½ right stepping forward on right, Ronde sweep left round from back to front [6:00]
5-6 Cross left over right, ¼ left stepping back on right [3:00]
7-8 Step left to left side, Point right to right side

S3: WALK, FULL TURN, BRUSH, LEFT LOCK STEP, BRUSH

1-2 Walk forward right, ½ right stepping back on left [9:00]
3-4 ½ right stepping forward right, Brush left forward [3:00]
5-6 Step forward left, Lock right behind left
7-8 Step forward left, Brush right forward

S4: STEP SWIVEL SWIVEL, ½, SWEEP ½, TOUCH, HOLD

1-2 Step forward on right, ¼ swivel turn left [12:00]
3-4 ¼ swivel turn right, ½ swivel turn left putting weight on left [9:00]
5-6 Ronde sweep right around ½ turning left on ball of left [3:00]
7-8 Touch right next to left, HOLD

S5: OUT OUT HOLD & CROSS HOLD, OUT OUT HOLD, IN IN HOLD

&1-2 Jump out right to right side, Jump out left to left side, HOLD
&3-4 Step right next to left, Cross left over right, HOLD
&5-6 Jump out right to right side, Jump out left to left side, HOLD
&7-8 Jump in right, Jump in left, HOLD

S6: CHASSE R, ROCK BACK, CHASSE L, ROCK BACK

1&2 Step right to right side, Step left next to right, Step right to right side
3-4 Rock back on left, Recover on right
5&6 Step left to left side, Step right next to left, Step left to left side
7-8 Rock back on right, Recover on left

S7: KICK KICK, ROCK BACK, DRAG & SIDE

1-2 Kick right forward on slight right diagonal x 2
3-4 Cross rock back on right, Recover on left * Restart on Wall 5. Turn 1/8 right to restart dance (06.00)
5-6 Big step right to right side, Dragging left towards right
&7-8 Step left next to right, Big step to right, Touch left next to right

S8: SIDE, BEHIND, ¼, STEP, ½ TURN, ¼, BEHIND, ¼

1-2 Step left to left side, Cross right behind left

- 3-4 ¼ left stepping forward on left, Step forward on right, ½ pivot left [6:00]
5-6 ¼ left stepping right to right side, Cross left behind right [3:00]
7-8 ¼ right stepping forward on right [6:00]

S9: TOUCH, HOLD & TOUCH HOLD, BUMP RLRL

- 1-2 Touch left next to right, HOLD
&3-4 Step forward on left, Touch right next to left popping right knee in, HOLD
5-6 Bump right to right side, Bump left to left side
7-8 Bump right to right side, Bump left to left side *Restart Wall 2

S10: ROCK BACK, RECOVER, KICK BALL STEP, BOOGIE WALK RLRL

- 1-2 Rock back on right, Recover on left
3&4 Kick right forward, Step right next to left, Step slightly forward on left
5-6 Bending knees boogie walk forward on right, Bending knees boogie walk forward on left
7-8 Bending knees boogie walk forward on right, Bending knees boogie walk forward on left

RESTARTS:-

Wall 2 after 72 counts

Wall 5 after 52 counts

Contact : www.maggiieg.co.uk

Last Revision - 15th April 2013
