

Sing

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Ingrid Kan (TW) - April 2013
音乐: Sing (Tell The Blues So Long) - David Campbell : (Album: Shout!)



(1-8) R Side Shuffle, Turn 1/4 To L, Shuffle Forward, Shuffle Turning 1/2 L, Coaster

1 & 2 Step R foot to R side, Step together with L, Step R foot to R side
3&4 (Turn to L 1/4), Step forward on left, step together with right, step forward on left.
5&6 Step R forward, step L together, step R forward turning 1/2 L.
7&8 Step back on left, step together with right, step forward on left.

(9-16) Step Touch R-L (with arm movement), Jazz Box

1-4 R Step to right side, Touch left across (raising R arm), L Repeat
5-8 Step R across L, Step L back, Step R to R side, Step L next to R

(17-24) Right Side Touch, Touch In, Double Kick, Coaster Step, Hold.

1-4 Tap R toe out to right side. Touch R toe next to L in step. Kick R foot forward x 2.
5-8 Step back on R. Step L next to R. Step forward on R. Hold.

(25-32) Twist Heels, Toes, Heels, Hold (Clap)(L-R)(with hands movement)

1-4 Feet together twist both heels to left, both toes to left, both heels to left, Clap
5-8 Feet together twist both heels to right, both toes to right, both heels to R, Clap

(note : With cross hand movement if you like it)

Have fun!

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