

It's Friday

拍数: 44 墙数: 2 级数: Intermediate
编舞者: Jeni Bradshaw (UK) - April 2013
音乐: It's Friday - Dean Brody : (Album: Dirt)



16 count intro.

Section 1: Right Sailor, Left Sailor, Right Back Rock Recover, Right Stomp Forward, Hold

1&2 Cross right behind left. Step left to left side. Step right to place
3&4 Cross left behind right. Step right to right side. Step left to place
5,6 Rock back on right, recover on left
7,8 Stomp right foot forward, hold

Section 2: And Stomp, Brush Left Forward, Brush Left Back Across Right And Brush Left Forward, Left Stomp, Hold And Stomp, Right Touch.

&1,2 Step left beside right. Stomp right forward, brush left forward,
3,4 Brush left back across right, brush left forward
5,6 Stomp left foot forward, hold
&7,8 Step right beside left, stomp left forward, touch right toe next to left.

Section 3: Side Toe Switches Right And Left, Forward Heel Switches Right And Left, And 2 X ¼ Paddles Left

1&2 touch right toe to right side. Step right beside left, touch left toe to left side
&3&4 Step left beside right, tap right heel forward, step right beside left, tap left heel forward
&5,6 Step left beside right, step forward on right paddle 1/4 turn left on left
7,8 step forward on right paddle 1/4 turn left on left

Section 4: Right Cross Rock Side Hold, Left Cross Rock Side Scuff

1 2 3 4 Cross rock right over left, recover onto left, step right to right side, hold
5 6 7 8 Cross rock left over right, recover onto right, step left to left side, scuff right across Left
(Restart here wall 6 replace scuff with a touch, and Restart)

Section 5: Cross Back Side, Left Cross Shuffle, Right Touch, Right Kick Ball Cross

1 2 3 Cross step right over left, step left back, step right to right side
4&5 Cross left over right, step right to right side, cross left over right
6 Touch right toe next to left foot

(Restart here wall 3)

7&8 Kick right forward, step right beside left, step left across right

Section 6: Sway Right, Left, Right, Left

1 2 3 4 Step right to right side, sway right left right left

Restart wall 3 after 38 counts

Restart wall 6 after 32 counts replace scuff with a right touch and restart the dance.

Notes: First restart is a very quick touch and straight into the dance again.

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