

Reflections

COPPER KNOB
BY STEPHENETS

拍数: 64
编舞者: Tony Myers (UK) - April 2013
音乐: Mirrors - Justin Timberlake

级数: Higher Intermediate / Advanced



Intro 16 counts

Side Chasse: & Sailor Turn: & Cross Shuffle: & Behind, Side, Cross Rock

- 1&2& Step right to side (1) Step left with right (&) Step right to side (2) Step left to right (&)
3&4& Step right behind left (3) Turn ¼ right step left to side (&) Step right to side (4) Sweep left out (&) (3:00)
5&6& Cross left over right (5) Step right to side (&) Cross left over right (6) Turn ¼ right back on right (&) (6:00)
7&8& Step left behind right (7) Step right to side (&) Rock left over right (8) Recover on right (&)

Side, Together, Back: Coaster Step &: Forward Rock, Back Rock: Triple Turn

- 1&2 Step left to side (1) Step right with left (&) Step Back on Left (2)
3&4& Step back on right (3) Step left with right (&) Step forward on right (4) Step left with right (&)
5&6& Rock forward on right (5) Recover on left (&) Rock back on right (6) Recover on left (&)
7&8 Turn ¼ right forward on right (7) Turn ½ right back on left (&) Turn ½ right forward on right (8) (9:00)

(Easy option ¼ shuffle right)

& Kick, Out, Out: Side Mambo: Mambo ½ Turn: & Spiral Turn

- &1&2 Step left next to right (&) Kick right forward (1) Step out on right (&) Step out on left (2)
3&4 Rock right to side (3) Recover on left (&) Step right next to left (4)
5&6 Rock forward on left (5) Recover on right (&) Turn ½ left step forward on left (6) (3:00)
&7&8& Step right next to left (&) Step forward on left (7) Turn full turn right on ball of left, hook right (8) Step on right (&)

Side, Rock, Recover: Rock & Cross: Side, Behind, Side: Step, Touch, Back : Cross, Turn, Side

- 12& Step left to side (1) Rock right behind (2) Recover on left (&)
3&4 Rock right to side (3) Recover on left (&) Cross right over left (4)
&5& Step left to side (&) Step right behind left (5) Step left to side (&)
6&7 Step forward on right (6) Touch left behind right (&) Step back on left & kick right forward (7)
8&1 Cross right over left (8) Turn ¼ right back on left (&) (# Restart on wall 5) Step right to side (1) (6:00)

Step, Lock, Step, Lock: Point & Point: Behind, Turn Step: Sailor Turn

- 2&3& Step forward on left to left diagonal (2) Lock right behind left (&) Step forward left (3) Lock right behind left (&)
4&5 Point left to side (4) Step on left (&) Point right to side (5)
6&7 Step right behind left (6) Turn ¼ left on left (&) Step right to side (7) (3:00)
8&1 Step left behind right (8) Turn ¼ left back on right (&) Turn ¼ left step left to side (1) (9:00)

Sailor Turn: & Step, Turn, Step: Cross & Heel : & Rock Back & Step

- 2&3 Step right behind left (2) Turn ¼ right back on left (&) Step right forward (3) (12:00)
&4&5 Lock left behind right (&) Step forward on right (4) Pivot ½ turn left (&) Step forward on right (5) (6:00)
6&7 Cross left over right (6) Step back on right (&) Dig left heel to diagonal (7)
&8&1 Step left to side (&) Rock right behind left (8) Recover on left (&) (# Restart walls 1 & 3) Step right to side (1)

Side, Slide, Side, Slide: Rock Back, Rock Forward: Shuffle Turn: Step, Hitch, Side

- 2&3& Step left to side (2) Slide right towards left (&) Step right to side (3) Slide left towards right (&)
4&5& Rock back on left (4) Recover on right (&) Rock forward on left (5) Recover on right (&)
6&7 Turn ¼ left step left to side (6) Step right with left (&) Turn ¼ left step forward on left (7)
(12:00)
8&1 Step right to side (8) Hitch left across right (&) Step left to side (1)

Cross Rock & Turn: ¼ Turn Hip Bumps x 3: Behind, Side, Cross: Kick, Ball

- 2&3 Rock right over left (2) Recover on left (&) Turn ¼ right step right to side (3)(3:00)
4&5 Step left to side bumping hips to left (4) Bump hips to right (&) Bump hips back on left turning
¼ right (5) (6:00)
6&7 Step right behind left (&) Step left to side (6) Cross right over left (7) (6:00)
8& Kick left forward (8) Step down on left (&)

Restarts: walls 1 & 3 After counts 48& facing 6:00 Start from beginning

Restart: wall 5 After counts 32& facing 6:00 Start from Beginning

Contact: tonymyers@live.co.uk
