

# Catch Our Breath (P)

COPPER KNOB  
STEPSHETS

拍数: 32      墙数: 0      级数: Partner  
编舞者: Paula Frohn (USA) & Michael Silva (USA) - April 2007  
音乐: Catch My Breath - Kelly Clarkson



**\*\* Dedicated to Dawn Heather- Thomas \*\***

**Start on vocals.**

## **Triple Side Right, Rock Back, Recover, Triple Side Left. Rock Back, Recover**

1&2      Step RF side right, step LF together, step RF side right  
3-4      Rock LF back, recover on RF  
5&6      Step LF side left, step RF together, step LF side left  
7-8      Rock RF back, recover on LF

## **Two Heel Switches, Four Walks Forward**

9-10&      Touch right heel forward, Hold, step RF next to LF  
11-12&      Touch left heel forward, Hold, step LF next to RF  
13-16      Walk forward RF, LF, RF, LF

## **Step RF Forward, Pivot ½ Left, Shuffle Forward**

17-18      Step RF forward, pivot ½ left change weight to LF\*  
19&20      Step RF forward, step LF next to RF, step RF forward  
21-22      Step LF forward, recover on RF  
23      Touch left toe back  
24      Pivot ½ left, keep weight on RF

**\*Drop right hands on 18, rejoin after 24.**

## **Rock Forward, Recover, Coaster Step, 4 Sways**

25-26      Rock LF forward, replace weight onto RF  
27&28      Step LF back, step RF next to LF, step LF forward  
29-32      While stepping forward RF, sway hips forward right then sway hips back left twice.

**Start Over!**

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