

# Don't slow down!

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Don Pascual (FR) - October 2012  
音乐: Ramblin - Stacie Collins



Start on vocals

## Section 1: heel, flick, kick, rock jump back, stomp, swivel

1-3      Touch R heel forward, flick R side, kick R forward  
4-5      Hop R back and kick L forward, recover onto L  
6-8      Stomp R forward, swivel heels to the R, swivel heels to center

## Section 2: heel, flick, kick, rock jump back, stomp, swivel

1-3      Touch L heel forward, flick L side, kick L forward  
4-5      Hop L back and kick R forward, recover onto R  
6-8      Stomp L forward, swivel heels to the L, swivel heels to center

## Section 3: Stomp to the R, swivel L heel-toe-heel, swivets to the R

1-4      Stomp R to the R, swivel L heel-toe-heel to the R  
5-6      Swivel R toe/L heel out, swivel R toe/L heel in  
7-8      Swivel R toe/L heel out, swivel R toe/L heel in

## Section 4: Rock ¼ T step , ¼ T scoots backward with hitch R, step R backward, scoots R with hitch L , stomp L

1-2      Cross R over L, ¼ T to the R and recover onto L  
3-4      1/8 T to the R and hop L back (with R hitch), 1/8 T to the R and hop L back (with R hitch)  
5-8      Step R back, hop R back (with L hitch), hop R back (with L hitch), stomp L beside R

Tag: At the end of wall 4 and 8, add the 24 following counts:

## Applejacks to the R, applejacks to the L, (monterey turn ½ T) X 2, step, toe, step, heel, step, heel, step, toe

1-2      Swivel R toe/L heel to the right, swivel L toe/R heel to the right  
3-4      Swivel R toe/L heel to the right, swivel L toe/R heel to the right  
5-6      Swivel L toe/R heel to the left, swivel R toe/L heel to the left  
7-8      Swivel L toe/R heel to the left, swivel R toe/L heel to the left

1-4      Touch R side, turn ½ right and step R together, touch L side, step L together  
5-8      Touch R side, turn ½ right and step R together, touch L side, step L together

1-2      Step R diagonally forward, touch L slightly back  
3-4      Step L diagonally back, touch R heel diagonally forward  
5-6      Step R back, touch L heel diagonally forward  
7-8      Step L slightly forward, touch R slightly back

Have fun with this dance...

contact: [countryscal@orange.fr](mailto:countryscal@orange.fr)