

El Pam Pam

COPPER KNOB
STEPSHEETS

拍数: 128 墙数: 2 级数: Phrased Intermediate
编舞者: Ayu Permana (INA) - April 2013
音乐: El Pam Pam - Balli di Gruppo



Sequence: A – B – A – B – A(32) – B(32) – A – B(46/finish)

NOTE: Part A always facing the front wall and Part B always facing the back wall ..

PART A

Section A1: Box – Forward, Together, Back, Together (12.00)

1 – 2 – 3 – 4 Step R forward, step L over R, step R to right side, step L to left side
5 – 6 – 7 – 8 Step R forward, step L next to R, step R backward, step L next to R

Section A2: (2X) Weave–Toe Touch (12.00)

1 – 2 – 3 – 4 Cross R over L, step L to left side, cross R behind L, touch L toe to left side
5 – 6 – 7 – 8 Cross L over R, step R to right side, cross L behind R, touch R toe to right side

Section A3: Walk Forward, Kick – Walk Backward, Kick

1 – 2 – 3 – 4 Step R forward, step L forward, step R forward, kick L forward
5 – 6 – 7 – 8 Step L backward, step R backward, step L backward, kick R forward

Section A4: Rock, Recover, ½ Pivot Left – (2X) Side–Toe Touch (06.00)

1 – 2 – 3 – 4 Step/rock R backward, recover on L, step R forward, turn ½ left on L (06.00)
5 – 6 – 7 – 8 Step R to right side, touch L toe behind R, step L to left side, touch R behind L

Section A5: Out-Out, In-In – (2X) ¼ Turn Left (12.00)

1 – 2 – 3 – 4 Step R forward diagonally right, step L forward diagonally left, step R backward, step L next to R ... *(swaying hips)
5 – 6 – 7 – 8 Turn ¼ left step R to side, step L next to R (03.00), step R forward, turn ¼ left on L (12.00)

Section A6: Out-Out, In-In – (2X) ¼ Turn Left (06.00)

1 – 2 – 3 – 4 Step R forward diagonally right, step L forward diagonally left, step R backward, step L next to R ... *(swaying hips)
5 – 6 – 7 – 8 Turn ¼ left step R to side, step L next to R (09.00), step R forward, turn ¼ left on L (06.00)

Section A7: (2X) Side–Hitch – Rock, Recover, ½ Pivot Left (12.00)

1 – 2 – 3 – 4 Step R to right side, hitch L, step L to left side L, hitch R
5 – 6 – 7 – 8 Step/rock R backward, recover on L, step R forward, turn ½ left on L (12.00)

Section A8: Forward, Hold, ½ Turn Left, hold – Hips Bump & Hold (06.00)

1 – 2 – 3 – 4 Step R forward, hold, turn ½ left on L (06.00), hold
5 – 6 – 7 – 8 Step R forward bumping R hip, hold, recover on L bumping L hip, hold

PART B

Section B1: Full Turn – (Left & Right) Side Shuffle (06.00)

1 & 2 & 3 & 4 Turn ¼ right step R forward (09.00), cross L behind R, Turn ¼ right step R forward (12.00),
cross L behind R, Turn ¼ right step R forward (03.00), cross L behind R, turn ¼ right step R
forward (06.00)
5 & 6 Step L to left side, step R next to L, step L to left side
7 & 8 Step R to right side, step L next to R, step R to tight side

Section B2: Cross Shuffle, Side Shuffle – (2X) Botafogo (06.00)

1 & 2 – 3 & 4 Cross L over L, step back, cross L over L, – Step R to right side, step L next to R, step R to
right side

5 & 6 – 7 & 8 Cross L over R, step/rock R to right side, recover on L – Cross R over L, step/rock L to left side, recover on R

Section B3: Double Side Shuffle – (2X) Kick Ball Change (06.00)

1 & 2 & 3 & 4 Step L to left side, step R next to L, step L to left side, step R next to L, step L to left side, step R next to L, step L to left side

5 & 6 – 7 & 8 Kick R forward, step R next to L, step L in place – Kick R forward, step R next to L, step L in place

Section B4: Side, Side, (Right & Left) Side Shuffle, ½ Pivot Left (12.00)

1 – 2 – 3 & 4 Step R to right side, step L to left side – Step R to right side, step L next to R, step R to right side

5 & 6 – 7 – 8 Step L to left side, step L next to R, step L to left side, step R forward, turn ½ left on L (12.00)***

Section B5: (Right & Left) Side–Together–Side– Kick (12.00)

1 – 2 – 3 – 4 Step R to right side, step L next to L, step R to right side, kick R

5 – 6 – 7 – 8 Step L to left side, step R next to R, step L to left side, kick L

Section B6: Rock, Recover, ½ Pivot Left, (2X) Sway (06.00)

1 – 2 – 3 – 4 Step/rock R backward, recover on L, step R forward, turn ½ left on L (06.00)

5 – 6 – 7 – 8 Step/rock R to right side, recover on L, Step/rock R to right side, recover on L

Section B7: Forward Lockstep, Scuff – Walk Backward, Scuff

1 – 2 – 3 – 4 Step R forward, cross L behind R, step R forward, scuff L

5 – 6 – 7 – 8 Step L backward, step R backward, step L backward, scuff R (06.00)

Section B8: Rock, Recover, ½ Pivot Left – (2X) Side–Toe Touch (12.00)

1 – 2 – 3 – 4 Step/rock R backward, recover on L, step R forward, turn ½ left on L (12.00)

5 – 6 – 7 – 8 Step R to right side, touch L toe next to R, step L to left side, touch R toe next to L

REPEAT

RESTART: There are 2 restarts: On walls 5 and 6 .. doing the dance only 32 counts respectively

HAVE FUN AND HAPPY DANCING

Contact person: permanaayu@yahoo.com
