Life is a River

拍数: 48 　　　 **墙数:** 2 　　　 **级数:** Improver - waltz

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音乐: Life Is a River - Derek Ryan : (CD: Dreamers & Believers - iTunes)

Music slows down near the end of the dance, just dance through.

Section One: Left Twinkle fwd, Right Twinkle, Fwd Twinkle, Back Twinkle.

1-3	Cross left over right, step right to right side, step left to left side.
4-6	Cross right over left, step left to left side, step right to right side.
7-9	Step fwd on left, step right next left, step left next right.
10-12	Step back on right, step left next right, step right next left.

Section Two: ¼ Turn Twinkle, Back Twinkle, Step Sweep, Step Sweep.

1-3	Step fwd on left turning ¼ left, step right next left, step left next right.
4-6	Step back on right, step left to left side, step right to right side.
7-9	Step fwd on left, sweep right out and around over 2 counts.
10-12	Step fwd on right, sweep left out and around over 2 counts.

Section Three: Cross Side Behind, Step Drag, Cross Back ¼ Turn, Step Kick Kick.

1-3	Cross left over right, step right to right side, step left behind right.
4-6	Step right to right side, drag left next right over 2 counts.
7-9	Cross left over right, step back on right, turn ¼ left stepping left to left side.
10-12	Step fwd on right, kick left foot fwd twice.

Section Four: Triple ½ Turn, Step Kick Kick, Back Coaster Step, Step ½ Step

1-3	Turn ½ left stepping left, right, left.
4-6	Step fwd on right, kick left foot fwd twice.
7-9	Step back on left, step right next left, step fwd on left.
10-12	Step fwd on right, pivot ½ turn left, step fwd on right.